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North Central BRT (Centre Street MAX 301) improvements



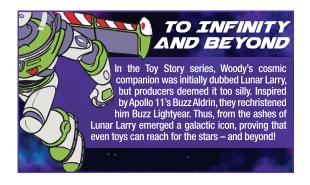
Starting in spring 2024, construction on the North Central BRT will be taking place in communities along the Centre Street MAX 301 Corridor, from Country Hills Boulevard N.E. to 28 Ave N.W.

We're making improvements to current transit service and amenities, while preparing for the future Green Line LRT.

Learn more and sign up for updates at calgary.ca/NorthCentralBRT



23-0028631 ADV-26655







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News, Events, & More









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WHAT'S HAPPENING AT HHCA

Check out what's happening at HHCA this month!

Thank you to everyone who joined us for a fun season of drop-in skating. We just wanted to remind everyone that 50+ skating, Public Skating, and Stick & Puck officially ended on March 28. We hope everyone enjoyed their time skating this season and we look forward to seeing you all again in the fall. Follow us on Facebook and keep an eye on our website for more events and programming in the coming season. We hope to see you on the ice again soon!



The Huntington Pioneers Association is happy to announce that they will be hosting an Art Show! Come by and check out all the beautiful artwork the members of HPA have been working on. The event will be taking place on Saturday, May 18 from 10:00 am to 3:00 pm. We can't wait to see you there!

Mark your calendars! Huntington Hills Out of School Care summer day camp registration is almost open! The camps are aimed at kids aged 5 to 12 and the Youth camp will be for youth aged 12 to 17. The Summer Day camps offer a wide range of activities, sports, and field trips to keep your little ones busy all summer long! Make this a memorable and fun summer! Secure your spot soon! Summer camp registration opens on May 1. If interested, contact elccadmin@huntingtonhillscalgary.com.



Mark your calendars! We will be hosting our Annual Community Cleanup once again on Sunday, April 28 from 9:00 am to 2:00 pm! Stay tuned for the full list of vendors and what items are accepted. Get ready for some spring cleaning and we can't wait to see you all!



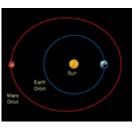


RESIDENT PERSPECTIVES

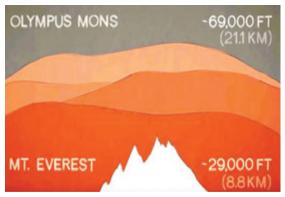
Stargazing with Pat J: Mars -More Than a Bit Weird

by Patricia Jeffery © 2024 of the Calgary Centre of the Royal Astronomical Society of Canada

Mars hasn't always been a dry, dusty, desolate planet. It used to be a much nicer place with an atmosphere and oceans of water. The ravages of time, however, have not been kind to this little planet, leaving it with a host of bizarre features.



- Fourth planet from the sun.
- If our sun is the goal post of a CFL football field, Earth would be at the two-yard line; Mars on the three.
- Half the size of Earth; its red colour is because iron in the rocks and soil has rusted.
- Rotation: 24.6 hours.
- Revolution: 687 days. It has an egg-shaped orbit due to Jupiter's powerful gravitational field tugging on it.
- Tilted 25 degrees gives Mars four distinct seasons.
- Mean temperature: -65 degrees Celsius.
- Two tiny moons: Phobos is 22 kms in diameter and Deimos is even smaller at 13 kms. Shaped like potatoes, they may actually be captured asteroids.
- A thin atmosphere of 95% carbon dioxide.
- Mars' small size meant it couldn't retain enough heat to drive plate tectonics. Without tectonics, it lost its protective magnetic field, and as a result, its atmosphere is gradually being stripped away by the sun's solar wind.



- Lack of plate tectonics is what allowed Olympus Mons to grow into the largest volcano in the solar system at three times the height of Mount Everest.
- Of the abundant water Mars once possessed, some is frozen in the polar ice caps, some is trapped inside minerals in the planet's crust, and the rest escaped into space.
- A massive crack called Valles Marineris spans nearly a quarter of its surface. At 4,800 km long, 320 km wide, and 7 km deep, it is ten times larger than Earth's Grand Canyon.



Vancity

April is a special month for Canada! Now a bustling hub of community, film, and diversity, the city of Vancouver was incorporated on April 6, 1886. Can you imagine a Canada without Vancouver?!





Home of the

Huntington Pioneers Association

HPA is a welcoming club promoting physical activities, social interaction, and community involvement that is safe and accessible to all people 50+.



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Night



& Creative Classes





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GAMES & PUZZLES

Guess the Invention!

1. This delicious, chocolatey treat was created by mistake by Ruth Graves Wakefield in 1930.

2. This Canadian-born technological invention gave the public a more immersive film experience in theatres.

3. James Naismith, a Canadian-born P.E. instructor invented this indoor team sport in 1891.

4. Hollywood actress Hedy Lamarr famously created a frequency-hopping technology, which would eventually lead to this modern wireless network technology.

5. Canadian artist Joe Shuster co-created this iconic comic book character in 1938.

6. In 1940, Norman Breakey of Toronto created this tool which would save time applying paint.





BARKER'S FINE DRY CLEANING PICK UP & DELIVERY SERVICES



Ham and Pineapple Bake

by Jennifer Puri

Cheap and easy to prepare eggs are an inexpensive source of high-quality protein. Eating enough protein can help with weight loss, increase muscle mass, optimize bone health, and lower blood pressure.

A whole egg contains a tiny bit of every nutrient you need and there are many ways to prepare eggs but poaching or boiling them preserves most of their nutritional benefits.

Tasty and filling, eggs have been popular for thousands of years and in many cultures, eggs are a symbol of new life, fertility, and rebirth.

Eggs are a breakfast mainstay and frittatas, quiches, burritos, quesadillas, devilled, pickled, or creamed eggs are just some of the delicious ways to consume eggs.

This Ham and Pineapple Bake can be enjoyed any time of the day and pairs well with a side of fingerling potatoes and a tossed salad.

Prep Time: 20 minutes Cook Time: 45 minutes Servings: 4



Ingredients:

- 1 small loaf of French bread
- 4 tbsps butter
- 1/2 lb cooked ham cut into small pieces
- 1 cup shredded cheddar cheese
- ¾ cup drained pineapple bits
- 4 eggs
- 2 ¼ cups milk
- 1 tsp ground mustard
- ¹/₂ tsp salt
- ½ tsp black pepper
- 1 tbsp chopped chives

Directions:

1. Butter a medium size glass baking dish. Slice the French bread and then spread butter on one side of each slice.

2. Next slice the bread into one-inch cubes and place in baking dish. Spread the ham cubes and pineapple bits on top of the bread and sprinkle with cheddar cheese.

3. In a mixing bowl, beat the eggs and then blend in the mustard, salt, pepper, milk, and chives. Pour the mixture evenly over the bread mixture. Cover tightly with saran wrap and refrigerate overnight.

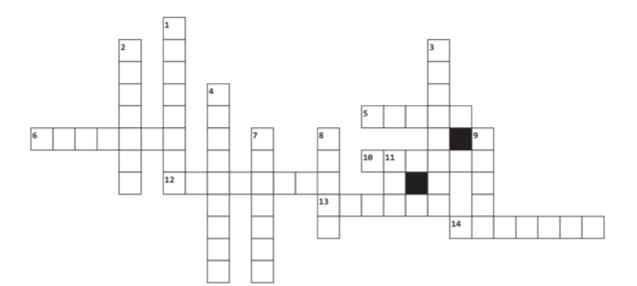
4. The next day preheat oven to 350 degrees Fahrenheit.

5. Remove baking dish from refrigerator and place on middle rack of oven. Bake uncovered for 45 minutes or until puffed and golden in colour. A knife inserted in the centre should come out clean. Serve immediately.

Bon Appétit!



April Crossword



Across

5. The ______ and the Sweet Pea are April's official birth flowers.

6. This famous Leonardo was born on April 15, 1452.

10. In April of 1970, _____ 13 launched and famously ran into difficulties 56 hours later.

12. *Killers of the Flower Moon: The Osage Murders and the Birth of the FBI*, recently made into a feature film directed by Martin_____, was originally published on April 18, 2017, and written by David Grann.

13. This popular holiday, typically in April, is thought to be named after the goddess "Eastre".

14. Noah ______ copyrighted this eponymous, well-known dictionary used by many on April 14, 1828.





Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Down

1. After a 1,500-year break, this international multi-sport event was reintroduced in Athens on April 6, 1896.

2. Famously nicknamed "The Unsinkable", this ship went down on April 14, 1912, in the North Atlantic Ocean.

3. This year, the World Ski and Snowboard Festival will be held the second week of April in ______, BC.

4. This cultural hub of Canada was incorporated into the country as a city on April 6, 1886.

7. Ford released the first version of this beloved muscle car on April 17, 1964.

8. "I Want to Break Free" by _____ was released in April of 1984, with a controversial yet playful music video.

9. Vancouver-born ______ Smulders, who famously plays Robin Scherbatsky in *How I Met Your Mother*, celebrates her birthday on April 3.

11. On April 11, National _____ Day is celebrated and advocates against animal violence and cruelty.

YOUR CITY OF CALGARY

Calgary Needs More Homes. Citywide Rezoning Will Help

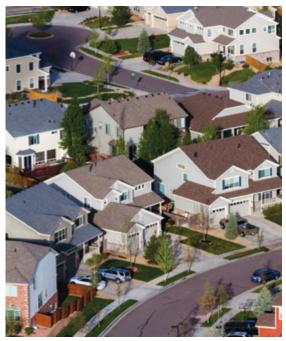
With the approval of 'Home is Here: The City of Calgary's Housing Strategy', Council directed The City of Calgary to implement actions that will address the housing crisis. One of the proposed actions is citywide rezoning.

We need more homes in all shapes and sizes and in all communities. This will help support Calgary's growth now and for future generations.

From January 29 to March 16, The City held 13 public information sessions and webinars, as well as attended Community Association Open Houses, where participants could learn more and ask questions about Rezoning for Housing. More than 1,200 people attended the City's 13 in person and online sessions.

Have your voice heard by sharing with City Council what you think though our engage portal, by submitting a written comment before noon on April 15 at Calgary. ca/PublicHearing or registering to speak at the Public Hearing of Council on April 22.

Visit Calgary.ca/RezoningForHousing to learn more.



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MLA Calgary Amanda Chapman 106 – 8220 Centre St, NE ✓ calgary.beddington@assembly.ab.ca ✗ amandachapman ☑ @ @amandachapmanndp

Last month the provincial budget for 2024 was released, and while the province boasted a modest surplus of just under half a billion dollars, we see many areas in desperate need of funding which they simply will not receive.

Calgary public schools are currently over 90% full on average across the city. Schools like Diefenbaker or SJAM right here in our own riding are full to the brim. This year we are welcoming 28,000 new students to the province and this budget only adds 35,000 new spaces over three years. So, we are only creating spaces at a third the necessary rate. This means we will see schools here in Calgary and across the province that are over capacity in the next three years.

Folks here in Calgary-Beddington deserve the best education for their kids and that means space to grow and teachers to learn from. We can do much better for our education system.

We also saw funding for healthcare kept well below the level needed to keep up with our booming population and know this can be a matter of great anxiety for folks who expect timely healthcare delivery when they need it.

If you have any questions or concerns stemming from last month's budget please reach out, my office wants to hear from you. Let us know what you think.

The Greatest Detective?

Arthur Conan Doyle created the fictional detective character named Sherlock Holmes in 1887. Out of all the characters ever played in movies and TV, Sherlock Homes is the most-played human character. Does this make him the greatest detective ever?



by Anne Burke

The new City Nature YYC website will be online with information on the 2024 challenge (www.citynatureyyc. ca). The dates for the event are April 26 to 29. Follow @CityNatureYYC on Instagram. On May 6, local, national, and global results will be announced.

The Nose Hill checklist contains references to reptiles, fungi and lichen, amphibians, insects, shellfish, birds, and mammals. Sightings are in NW Calgary. This website features the chorus frog, the tiger salamander, the terrestrial garter snake, and more. There are 42 birds, among them hawks, blackbirds, sparrows, chickadees, starlings, wrens, geese, eagles, mallards, teals, kestrels, gulls, partridges, grebes, grouse, and vultures. Some other types are the northern flicker, downy woodpecker, and hairy woodpecker. The great horned, long-eared, and short-eared owls all appear in the list.

The May Plant Count is part of the annual May Species Count. The survey runs from May 25 to 31. The focus is on documenting the flowering status of native plant species across Alberta. This project promotes stewardship and appreciation of Alberta's natural areas. As a citizen scientist, you will collect data to be used for conservation. Here are the basics. Enter the location of your plant. Upload a photo. Enter the date of the observation. Add a report about the flowering stage. Choose the appropriate stage from those listed. There are many ID guides and checklists (in print or flipbooks online). Observations can be made manually on a data sheet and then submitted by email or snail mail. You would need to sign up for the mailing list and then receive data sheets and instructions (www.naturealberta.ca/-may-plant-count). lf vou are submitting observations online you will join the May Plant Count project for the flowering codes to be displayed in the iNaturalist phone app (www. inaturalist.ca/projects/alberta-may-plant-count).



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