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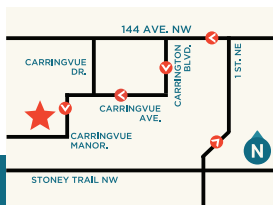


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Learn more and sign up for updates at  
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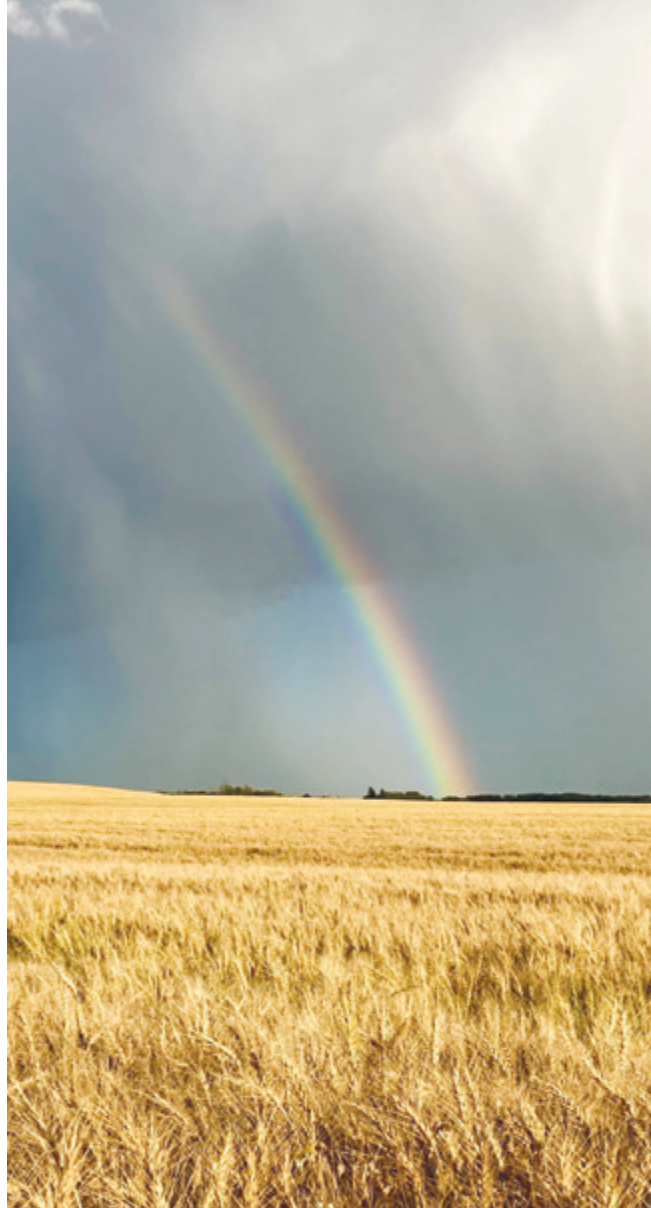


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HILLS**



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HILLS**



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Last 12 Months PANORAMA HILLS  
MLS Real Estate Sale Price Stats

	Median Asking Price	Median Sold Price
March 2024	\$469,000	\$470,750
February 2024	\$309,900	\$320,000
January 2024	\$432,450	\$419,600
December 2023	\$587,000	\$585,000
November 2023	\$389,950	\$394,950
October 2023	\$307,000	\$315,000
September 2023	\$427,400	\$422,250
August 2023	\$409,800	\$432,000
July 2023	\$399,900	\$425,000
June 2023	\$409,900	\$428,000
May 2023	\$379,900	\$375,000
April 2023	\$439,000	\$432,500

Last 12 Months COUNTRY HILLS  
MLS Real Estate Sale Price Stats

	Median Asking Price	Median Sold Price
March 2024	\$525,000	\$523,000
February 2024	\$682,400	\$675,000
January 2024	\$449,450	\$467,000
December 2023	\$387,450	\$376,350
November 2023	\$529,900	\$510,200
October 2023	\$454,850	\$490,000
September 2023	\$392,500	\$415,500
August 2023	\$525,000	\$517,500
July 2023	\$407,499	\$432,500
June 2023	\$437,450	\$459,035
May 2023	\$387,500	\$418,500
April 2023	\$419,900	\$423,000

To view more detailed information that comprise the above MLS averages please visit [pan.mycalgary.com](http://pan.mycalgary.com) or [cou.mycalgary.com](http://cou.mycalgary.com)

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# Spring Cleaning Your Finances

by Danielle Robbertze

Do you have a bunch of documents, statements, receipts, and more lying around? Well, April is the perfect time to sort this all out. April is often the time for spring cleaning. Although this mostly involves general cleaning of your house or donating items you no longer need. This time can also be used to 'spring clean' your finances.

Here are a few tips on how you can spring clean your finances this year:

### 1. Sort, Sort, and Sort Some More

Sort your financial documents into categories, this way it becomes easier to manage. Categories can include bank statements, bills relating to your home, receipts, contracts, and miscellaneous. Throw away (or shred which is a more secure option) that which is old and no longer relevant. This could be bank statements for an old credit/debit card, bills from a previous residence, or pay slips older than three months.

Create a filing system with labelled folders in a secure area of your house. Once this filing system is set up it becomes easy to file new documents and throw out old ones.

### 2. Consider Digital

Some documents are best to keep as hard copies such as rental agreements, mortgage statements, and work contracts. However, documents such as bank statements and receipts are available online these days which can be easily filed digitally either through Google Drive or directly on your computer.



### 3. See Where You Can Start Saving

Once everything is organized it becomes easier to see where your money goes every month. Consider creating an Excel sheet where you can clearly see where you spend your money. Here you can also create categories such as income, savings, bills, subscription fees, groceries, bank accounts, loans, and miscellaneous (spending on clothes, recreational activities, and luxury items).

Indicate in green the money that comes in your account monthly and indicate in red the money that comes out. You can create an easy equation after doing this to see how much money you have left every month.

When all this is done you could possibly see that you no longer use a certain subscription and could save money by unsubscribing, or you have a bank account you no longer use which you can close.

All of this may seem like a bit of a hassle, but once it is done you will not regret spring cleaning your finances. It will only make your life easier moving forward.



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# Update from the Country Hills Playground Boosters

January and February were busy months for the Boosters we started actioning our research and began making community connections.

We met with Calgary-Beddington MLA Amanda Chapman in January and began working with our City of Calgary contacts to determine what short-term solutions we could find for the playgrounds. Stay tuned as we found a couple! We also connected with the Parks Foundation.

In February we met with the CEO of Vivo for Healthier Generations, Cynthia Nelson, to learn about surveying and building community. There's so much to learn each

step up of the way and it's reassuring to know we have expert advice and support.

Our first playground project is COU453, which Country Hills residents may know as the playground on Country Hills Circle NW.

Built-in 1998, COU453 is one of the oldest playgrounds and one of two rated poor by the City of Calgary. It features a Little Tikes multi-play complex, a seesaw, a ride-on toy, swings and two benches. There is so much potential for this playground to become a welcoming, inclusive community space with updated features and play equipment.

We have more community connections to make in March and April. Look us up online and learn more about the Boosters!

## Our Playgrounds Need Help!

### Country Hills Grove Playground



Year Built: 2000

Overview and Conditions

MultiPlay Complex

FAIR

Fall Surface

POOR

### Country Hills Way Playground



Year Built: 1998

Overview and Conditions

MultiPlay Complex

POOR

Swings

POOR

Fall Surface

POOR

### Country Hills Drive Playground



Year Built: 2005

Overview and Conditions

MultiPlay Complex

FAIR

Spring Toys

FAIR

Fall Surface

FAIR

### Country Hills Circle Playground



Year Built: 1998

Overview and Conditions

MultiPlay Complex

POOR

Swings

POOR

Teeter Totter

FAIR

Fall Surface

POOR

\*Conditions are from City of Calgary data



## YOUR CITY OF CALGARY

### PIP-PIP-HOORAY! Join the Partners in Planning (PIP) Program

by The City of Calgary

The Partners in Planning program offers an in-person opportunity to meet planners and learn how policies converge to guide The City's decisions and prepare for growth. Learn what planning and development policies and plans drive change in Calgary. Register for your spot at [calgarycommunities.com/events](http://calgarycommunities.com/events).



### News from the Friends of Nose Hill

by Anne Burke

The new City Nature YYC website will be online with information on the 2024 challenge ([www.citynatureyyc.ca](http://www.citynatureyyc.ca)). The dates for the event are April 26 to 29. Follow @CityNatureYYC on Instagram. On May 6, local, national, and global results will be announced.

The Nose Hill checklist contains references to reptiles, fungi and lichen, amphibians, insects, shellfish, birds, and mammals. Sightings are in NW Calgary. This website features the chorus frog, the tiger salamander, the terrestrial garter snake, and more. There are 42 birds, among them hawks, blackbirds, sparrows, chickadees, starlings, wrens, geese, eagles, mallards, teals, kestrels, gulls, partridges, grebes, grouse, and vultures. Some other types are the northern flicker, downy woodpecker, and hairy woodpecker. The great horned, long-eared, and short-eared owls all appear in the list.

The May Plant Count is part of the annual May Species Count. The survey runs from May 25 to 31. The focus is on documenting the flowering status of native plant species across Alberta. This project promotes stewardship and appreciation of Alberta's natural areas. As a citizen scientist, you will collect data to be used for conservation. Here are the basics. Enter the location of your plant. Upload a photo. Enter the date of the observation. Add a report about the flowering stage. Choose the appropriate stage from those listed. There are many ID guides and checklists (in print or flipbooks online). Observations can be made manually on a data sheet and then submitted by email or snail mail. You would need to sign up for the mailing list and then receive data sheets and instructions ([www.naturealberta.ca/-may-plant-count](http://www.naturealberta.ca/-may-plant-count)). If you are submitting observations online you will join the May Plant Count project for the flowering codes to be displayed in the iNaturalist phone app ([www.inaturalist.ca/projects/alberta-may-plant-count](http://www.inaturalist.ca/projects/alberta-may-plant-count)).

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# Ham and Pineapple Bake

by Jennifer Puri

Cheap and easy to prepare eggs are an inexpensive source of high-quality protein. Eating enough protein can help with weight loss, increase muscle mass, optimize bone health, and lower blood pressure.

A whole egg contains a tiny bit of every nutrient you need and there are many ways to prepare eggs but poaching or boiling them preserves most of their nutritional benefits.

Tasty and filling, eggs have been popular for thousands of years and in many cultures, eggs are a symbol of new life, fertility, and rebirth.

Eggs are a breakfast mainstay and frittatas, quiches, burritos, quesadillas, devilled, pickled, or creamed eggs are just some of the delicious ways to consume eggs.

This Ham and Pineapple Bake can be enjoyed any time of the day and pairs well with a side of fingerling potatoes and a tossed salad.

**Prep Time:** 20 minutes

**Cook Time:** 45 minutes

**Servings:** 4

## Ingredients:

- 1 small loaf of French bread
- 4 tbsps butter
- ½ lb cooked ham cut into small pieces
- 1 cup shredded cheddar cheese
- ¾ cup drained pineapple bits
- 4 eggs
- 2 ¼ cups milk
- 1 tsp ground mustard
- ½ tsp salt
- ½ tsp black pepper
- 1 tbsp chopped chives

## Directions:

1. Butter a medium size glass baking dish. Slice the French bread and then spread butter on one side of each slice.

2. Next slice the bread into one-inch cubes and place in baking dish. Spread the ham cubes and pineapple bits on top of the bread and sprinkle with cheddar cheese.

3. In a mixing bowl, beat the eggs and then blend in the mustard, salt, pepper, milk, and chives. Pour the mixture evenly over the bread mixture. Cover tightly with saran wrap and refrigerate overnight.

4. The next day preheat oven to 350 degrees Fahrenheit.

5. Remove baking dish from refrigerator and place on middle rack of oven. Bake uncovered for 45 minutes or until puffed and golden in colour. A knife inserted in the centre should come out clean. Serve immediately.

Bon Appétit!



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# Photo Gallery

by Bob Leuty



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Here are some major updates related to Ward 3, the City of Calgary, and Council decisions.

### City-Wide Rezoning Proposal and Virtual Townhall

To address the on-going housing affordability crisis, cities across Canada are taking steps to make home building easier. The City of Calgary is proposing a city-wide rezoning, which will allow duplexes and rowhouses to be built in more places across the city. Postcards were mailed to affected residents and information sessions were held last month.

This month, I am hosting a Rezoning Virtual Townhall with members of City Administration. You can submit your questions beforehand and get more information on my website at [www.jasminemian.com](http://www.jasminemian.com).

A public hearing date has been set for April 22, 2024. You can register at [calgary.ca/publichearing](http://calgary.ca/publichearing).

You can learn more about how this affects you at [calgary.ca/rezoningforhousing](http://calgary.ca/rezoningforhousing).

### 3-1-1 Introduces New Call Back Feature

Now when you call 3-1-1, you'll be notified of the approximate wait time, and have the option to choose to receive a callback if it is longer than one minute. This feature will be available 8:00 am to 4:30 pm, seven days a week, as these are the hours of highest demand.

The City of Calgary is the first 3-1-1 service in western Canada to offer this feature.

You can contact 3-1-1 via the mobile app or by phone for non-emergency City-related information, concerns, and issues. Find out more at [calgary.ca/311](http://calgary.ca/311).



Last month the provincial budget for 2024 was released, and while the province boasted a modest surplus of just under half a billion dollars, we see many areas in desperate need of funding which they simply will not receive.

Calgary public schools are currently over 90% full on average across the city. Schools like Diefenbaker or SJAM right here in our own riding are full to the brim. This year we are welcoming 28,000 new students to the province and this budget only adds 35,000 new spaces over three years. So, we are only creating spaces at a third the necessary rate. This means we will see schools here in Calgary and across the province that are over capacity in the next three years.

Folks here in Calgary-Beddington deserve the best education for their kids and that means space to grow and teachers to learn from. We can do much better for our education system.

We also saw funding for healthcare kept well below the level needed to keep up with our booming population and know this can be a matter of great anxiety for folks who expect timely healthcare delivery when they need it.

If you have any questions or concerns stemming from last month's budget please reach out, my office wants to hear from you. Let us know what you think.



## At-Risk for Mental Illness Research Program

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The University of Calgary Conjoint Health Research Ethics Board has approved these research studies (REB20-0983, REB20-2133, REB21-0535)





**MLA Calgary-North**  
**Hon. Muhammad Yaseen**  
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 📱 @muhammadyaseenyyc

To those of you that celebrate, I hope you all had a blessed Easter!

I am happy to announce that your government will be investing in a new K to 4 elementary school in the community of Evanston as per our 2024 budget. If passed, Budget 2024, which focuses strongly on education, would invest \$1.9 billion to support 98 school projects over the next three years. And an additional \$1.5 billion would be invested for educational learning supports for vulnerable students, children with specialized learning needs, and other students requiring additional supports.

Family doctors will soon be receiving additional payments to help manage an increasing number of patients. Alberta's government is pulling out all the stops to stabilize, strengthen, and improve Alberta's primary healthcare system. We are providing \$57 million over three years to provide family doctors and nurse practitioners with support to help manage costs related to their increasing number of patients.

Beginning March 1, childcare providers received about 80 percent of their monthly claim at the beginning of each month, in addition to the fees they collect from parents. This change to monthly claim advances will help achieve the government's commitment to introducing a new payment approach, ensuring childcare providers receive grant payments sooner. The claim advance will apply to childcare facilities, family day home agencies, preschools, and out-of-school care providers.

As always, a big thank you to my constituents for your support as I carry out my duties as your MLA.




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