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ADULTS PLANTING WORKSHOP

THURSDAY, MAY 9TH 2024 6:30-8:00pm





WEEK 6: INCREDIBLE INVENTORS

WEEK 7: CURIOUS QUESTS AUGUST 12-16

WEEK 8: CREATIVE KIDS AUGUST 19-23

TWC Directory

President	Mark Whiteman
Vice President	David Fong
Treasurer	Carlos Alonso de la Paz
Secretary	Vacant
Members at Large	Sandra Rhead, Jim Heck, Lynn Greig, Danielle Tse, Jordan Crone, Mara Pratt
Executive Director	Chad Geiger
Accountant	Randy Dalgeish
Bookkeeper	Jonthan Fong
Community Relations	Sandra Rhead
Operations and Events	April Morlidge
Manager	
Arena and Facilities Manager	Jim Pilling
Programs Coordinator	Bianca Ridge
Marketing Coordinator	Shivani Gibbs
Soccer Coordinator	Victoria Baker
Scouts Coordinators	David Fong and Mark Whiteman
Cubs Coordinator	Andrew Waddington
Beavers Coordinators	David Fong and Andrew Waddington



Looking for a unique way to have a blast and stay active? Look no further than our broomball "lite" sessions! Whether you're a seasoned player or a complete beginner, our friendly and safe atmosphere welcomes everyone to enjoy the thrill of the game. We've replaced the traditional hard ball with nerf/foam balls and adopted a no contact rule, so you can focus on having fun and honing your skills without any worries.

The excitement kicks off in September, with sessions every Sunday from 5:30 pm onwards. It's an excellent opportunity to not only learn a new sport, but also to get your heart pumping with a fantastic aerobic workout. With just a minimal sports fee, you'll secure eight months of enjoyable gameplay, plus the chance to give back by volunteering at other events and fundraisers. We've got the brooms and balls covered; all you need is a helmet and clean footwear as we play on the Triwood indoor ice. If you find yourself falling in love with the game (which we're sure you will), we can guide you towards broomball shoes to enhance your experience.

All skill levels are welcome, so don't hesitate to sign up via the provided link or reach out to Don at 403-829-2794 for more information. Let's embrace the joy of broomball "lite" together!



Volunteering At Triwood

Looking to complete your volunteer requirements for this school year? Or are you interested in spending your time supporting your local community? Reach out to programs@triwoodcommunity.com to be added to our volunteer list.

Interested in working on volunteer-based projects? Have an idea you'd like your community to consider? Share with us at programs@triwoodcommunity.com.

Free With Our Free Triwood Membership:

Burger Nights - Every Wednesday, 5:00 to 11:00 pm

Enjoy our community burger nights at our JT's Clubhouse!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE





Confederation Park 55+ Activity Centre

NEWS FROM YOUR NEIGHBOURS AT CONFEDERATION PARK 55+ ACTIVITY CENTRE

Triwood Trumpet April

April 12,2024 Volunteer Appreciation 11:00-2:30 This event is free, but you must register.

April 23,2024 "Spring Cleaning" sponsored by Scenic Acres Retirement Living 10-12 in the Pub

May 6 th " Understanding Retirement " sponsored by Connect First Wealth, In Foothills from 11:15am-12:30pm

May 10 th Mothers Day Tea and Fashion Show "Hat Contest" Wild Rose Duo is the entertainment. Cost is \$20.00/members and \$30.00 for non-members.

May 21 st "Family Estate Planning" in the Pub from 10:00-12:00 sponsored Chartwell.

June 7 th Seniors Information Session (light lunch will be served while quantities last) Different vendors presenting information from 10:00-3:00 in the Collingwood and Charleswood. Tables for rent \$45.00

June 15 th Garage Sale in the arena 8:00-3:00

Jun 12,13,14 Accepting donations for the garage sale. Certain items will NOT be accepted (please call for list). These are also sorting days from 9:00-3:00 if you wish to volunteer with us.

June 18th Presentation on "Dementia" 10-12 in the Pub sponsored by Origin

June 24 th Presentation on "Habitat for Humanity" 11:15-12:30 in the Foothills sponsored by Habitat for Humanity

Watch our website and newsletter for upcoming classes for the fall! All events, presentations and classes MUST be registered and paid for in advance. Please see the office for details. Confederation Park now offers Housekeeping services.

If you are interested and want more details please contact the centre or view our website. You can then make an appointment to visit the Centre and complete the **ION** documents required with Jeannette or Nigel.

TEA & CONVERSATION

Join us from 1:30 – 2:30 pm Thursday afternoons for our Tea & Conversation (T & C) program. Live music, dancing, refreshments & stimulating conversation promote the physical, social and mental well-being of older adults.

A \$5 weekly donation is asked to help subsidize the cost of the program. Call Debbie Nay, 403-289-4780, ext. 206 or debbie.nay@yycseniors.com.

JOIN US AND STAY ACTIVE, STAY ENGAGED AND ENJOY EVERY MOMENT!

Email info@yycseniors.com to join our email list to receive updates about upcoming Confederation Park 55+ events. Confederation Park 55 + Activity Centre, 2244 Chicoutimi Dr NW, T2L 0W1 info@yycseniors.com | 403-289-4780 | yycseniors.com | FB @CP55AC



Triwood Community Social Groups

Triwoodsmen; Men's Social Group Tuesdays from 1:00 to 4:00 pm

The Triwood Sr. Men's group is always welcoming new members to their Tuesday afternoon pool matches, card games, and conversations. Join for some community camaraderie!

Trilighters; Ladies' Social Group Thursdays from 1:00 to 4:00 pm

Our Triwood Sr. Ladies' group offers a home for those looking for some friendship, games, and conversation throughout their week. Tai Chi is available twice per week, and each Thursday our group meets during the day for card games, tea, and coffee!

Contact king_berta@yahoo.com.

Bridge

Wednesdays from 1:00 to 3:00 pm

Do you enjoy playing bridge for fun? The Wednesday Bridge Group now plays weekly at Triwood Community Centre. Join us downstairs at JT's lounge (facing the arena) every Wednesday afternoon from 12:45 to 3:00 pm. New bridge enthusiasts are welcome!

Contact Roman at 403-289-6244.

Parent and Tot Social

Mondays and Wednesdays from 10:30 to 11:30 am

Bring your little one to our parent and toddler social group! While your little ones play, meet new little friends, and spend time building movement and cognitive skills, our Triwood parents/guardians have the chance to socialize with people their own age.

Drop-ins welcome. Free two-year Triwood membership required.

Contact programs@triwoodcommunity.com.

Chess Group Every Third Monday

Chess Night and Social for all chess lovers at any skill level. Join us on the third Monday of the month at 7:00 pm for our community game night. All you need to bring is you.

JT's Community Social and Burger Night

First Wednesday of the month, come meet your neighbours and enjoy a \$10 burger.

Writing Group - Sharing Life Experiences

Date: First Tuesday of the Month Time: 1:00 to 3:00 pm Location: Boardroom, Triwood Community Association

What stories have you lived? How about writing them down in 700 to 1,500 words, circulating them to a small group of seven, and getting together once a month to talk about them? This group is designed for individuals who are interested in sharing their personal stories, experiences, and memories through the art of writing. Members provide friendly, helpful suggestions to make you a better writer; take them or leave them! We can all learn together. Whether you're a seasoned writer or a novice, our group provides a welcoming environment for all.

It's not a writing course! It's an exploration of something you may not have tried to do before. It's fun!

Each month through our story sharing and reflecting, our group will dive into creative exploration, collaborative feedback, creating community connections, and a space for personal growth.

Interested? Contact Colleen Tobman at tobman@ tobman.ca or and let's make this group thrive!

Meeting Dates: April 2, May 7, June 4

Free Triwood membership required.





by Anne Burke

The new City Nature YYC website will be online with information on the 2024 challenge (www.citynatureyyc. ca). The dates for the event are April 26 to 29. Follow @CityNatureYYC on Instagram. On May 6, local, national, and global results will be announced.

The Nose Hill checklist contains references to reptiles, fungi and lichen, amphibians, insects, shellfish, birds, and mammals. Sightings are in NW Calgary. This website features the chorus frog, the tiger salamander, the terrestrial garter snake, and more. There are 42 birds, among them hawks, blackbirds, sparrows, chickadees, starlings, wrens, geese, eagles, mallards, teals, kestrels, gulls, partridges, grebes, grouse, and vultures. Some other types are the northern flicker, downy woodpecker, and hairy woodpecker. The great horned, long-eared, and short-eared owls all appear in the list.

The May Plant Count is part of the annual May Species Count. The survey runs from May 25 to 31. The focus is on documenting the flowering status of native plant species across Alberta. This project promotes stewardship and appreciation of Alberta's natural areas. As a citizen scientist, you will collect data to be used for conservation. Here are the basics. Enter the location of your plant. Upload a photo. Enter the date of the observation. Add a report about the flowering stage. Choose the appropriate stage from those listed. There are many ID guides and checklists (in print or flipbooks online). Observations can be made manually on a data sheet and then submitted by email or snail mail. You would need to sign up for the mailing list and then receive data sheets and instructions (www.naturealberta.ca/-may-plant-count). lf vou are submitting observations online you will join the May Plant Count project for the flowering codes to be displayed in the iNaturalist phone app (www. inaturalist.ca/projects/alberta-may-plant-count).

Notice Calgary proposed Rezoning for Housing

To combat the current housing challenges in Calgary, The City has approved the following objectives to assist in increasing housing supply and affordability:

- 1. Make more city owned land available for affordable housing
- 2. Leverage partnerships with government to get more housing built 3. Amend and streamline planning policy and processes to allow for
- diverse housing (i.e rezoning)

A public hearing date of April 22, 2024 has been set when a recommended citywide rezoning will be presented to council for approval

With the vast majority of Calgary neighbourhoods - including Triwood - in the wellestablished current (**R-C1**) zone (i.e. single detached development) the following summarizes **some** of the more significant changes with respect to the proposed (**R-CG**) zone:

Current (R-C1)	Proposed (R-CG)
Single detached homes	Single detached homes, rowhouses, townhouses/duplexes, semi-detached
Secondary or backyard suit	Secondary and backyard suit
Up to 45% lot coverage	45-60% lot coverage depending on density
Requires 1 parking stall per unit	Requires 0.5 parking stalls per unit



For additional detail, use the following QR code to see the City of Calgary Housing Strategy.



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TRIWOOD WEEKLY SUMMER MARKET EVERY TUESDAY: 3-7PM JUNE 4TH-AUGUST 27TH



TRIWOOD SPRING MARKET SUNDAY, APRIL 28TH 2024 10AM-4PM

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CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

BLUE WAGON LAWN CARE: A local student-owned business now offering spring cleanup services! Aeration, power raking, fertilizer, leaf cleanup. 700+ homes served. Limited spots are available so book now to keep your lawn lush this summer. Contact Anette at 403-984-6824, sales@bluewagon.ca, or visit www.bluewagon.ca to get a free instant quote!

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

continued on next page

BUSINESS CLASSIFIEDS continued

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HOUSE AND YARD MAINTENANCE: Spring and fall yard clean ups, power raking, leaf clean-up, flower beds, hedge trimming, top dressing, and weeding. Eavestrough cleaning/leak sealing, window cleaning, fence work, and gates. Exterior painting such as decks, trims, and window frames. Commercially insured. Call Ryan at 403-202-1263.

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TERRAVIEW LAWN CARE & LAWN PAINTING: Lawn painting; enjoy a nice green lawn while saving water! Drought friendly! Spring cleanups, power raking, aerating, slit-seeding, etc. Weekly and bi-weekly mowing and yard maintenance services. Reasonable rates. Ron | 403-669-4671 or Craig | 403-819-7905. View us on Facebook at www.Facebook.com/TerraViewLawnCare.



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ON THE MARKET

407, 3830 BRENTWOOD RD NW (BRENTWOOD)

Great investment opportunity. Two bedroom unit with views of the Rocky Mountains, C.O.P & Nose Hill Park. A short walk from the Brentwood bus and train station and the University of Calgary. Asking \$345.000 mls# A2098524

25 SILVERGROVE CLOSE NW (SILVER SPRINGS)

Beautiful townhouse with three bedrooms. 3.5 bathrooms. Fully developed basement. Just a short walk from the Crowfoot Crossing district, this location is minutes away from the LRT, public transit bus routes, multiple schools, gyms, and shopping. Asking \$559,900 mls# A2111487

DALHOUSIE—DALTON DRIVE

The location of this townhouse is unbeatable. A short walk from the Dalhousie LRT station. Three bedrooms. Private fenced backyard. New windows. Asking \$344,900 mls#A2104220

BRENTWOOD—BEARSPAW DRIVE

Well built home with over 1,400 sq.ft. of living space. 4+1 bedrooms, two full bathrooms. Sizable mudroom beside the front entrance. Windows were replaced with double panes. Close to all amenities.

Asking \$749,900 mls# A2106040

BRENTWOOD-BROWN CRESCENT

Bungalow with over 1,020 sq.ft, of living space in a quiet crescent. Within walking distance to Brentwood LRT station and all levels of school. Fully developed basement. Double detached garage.

Asking \$669,900 mls# A2110203



Call Danny Wai at 403-247-5171

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