

APRIL 2024

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# hello ACADIA

THE OFFICIAL ACADIA COMMUNITY NEWSLETTER



**SOCCER COACHES NEEDED**  
**PAGE 3**



**Dr. Lucas Curran**  
General Dentist

## 🌸 Spring Clean Your Smile 🌸

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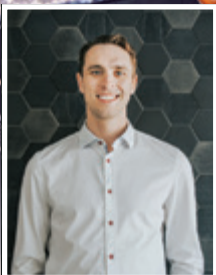
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**Dr. Lucas Curran**  
General Dentist



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**403.455.3220**

[www.willowsidedentist.ca](http://www.willowsidedentist.ca)

**580 Acadia Dr SE**

Second level

Entrance located on west facing side of building



Wheelchair accessible

**CALL TODAY AND BOOK YOUR FREE TEETH WHITENING OR ELECTRIC TOOTH BRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS, AND CLEANING. WE BILL IN ACCORDANCE WITH THE ADA FEE GUIDE.**



ACADIA COMMUNITY ASSOCIATION

# OUTDOOR SOCCER 2024

AGE GROUPS **U4-U12** | SEASON RUNS **MAY - JUNE**

**REGISTRATION OPENS FEBRUARY 8TH!**

Come meet and make new friends, learn new skills, and have lots of fun!

**REGISTER AT** 

[WWW.ACADIA.COMMUNITY/SOCCER](http://WWW.ACADIA.COMMUNITY/SOCCER)



ACADIA COMMUNITY ASSOCIATION **VOLUNTEER TO BE A**

# SOCCER COACH

**U4 - U12** | SEASON RUNS MAY 7TH - JUNE 27TH

BECOME A COACH AND RECEIVE **\$10 OFF** YOUR CHILD'S REGISTRATION FEE

MORE INFORMATION : [soccer@acadiaca.com](mailto:soccer@acadiaca.com)  
[www.acadia.community/soccer](http://www.acadia.community/soccer)



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[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



# Acadia Community Association Contacts

☎ 403-255-1252  
✉ info@acadiaca.com  
📱 @acacalgary  
🌐 www.acadia.community  
📍 240 - 90 Avenue SE Calgary, AB T2J 6P6

## Executives

Keith Simmons	President	president@acadiaca.com
Minh Badau	Vice President	vp@acadiaca.com
Ashley Chapman	Secretary	secretary@acadiaca.com
Adam Klimczak	Treasurer	treasurer@acadiaca.com

## Directors

Brent Harding	Board Director	brent@acadiaca.com
Greg MacQuarrie	Board Director	greg@acadiaca.com
Shanon Crews	Board Director	shanon@acadiaca.com
Chris Kalyn	Board Director	chris@acadiaca.com
Jack Moddle	Board Director	jack@acadiaca.com
Erin Tsambouris	Board Director	erin@acadiaca.com
Dana McCarty	Board Director	dana@acadiaca.com
Marina Munro	Board Director	marina@acadiaca.com

## Coordinators

Good Food Box	Helen Tubrett	goodfoodbox@acadiaca.com
Newsletter	Benny Keys	helloacadia@acadiaca.com
Soccer	Trudy Corcoran	soccer@acadiaca.com
Social Media	Brayden Darichuk Carmen Darichuk	

## Committees

Membership	Vacant	membership@acadiaca.com
Volunteers	Erica Lyn	volunteer@acadiaca.com
Communications	Erin Tsambouris	communications@acadiaca.com
Events	Minh Badau	events@acadiaca.com
Playgrounds	Dana McCarty	playgrounds@acadiaca.com
Roadways	Keith Simmons	roadways@acadiaca.com
Projects	Vacant	info@acadiaca.com
Governance	Vacant	governance@acadiaca.com
Grants/Fundraising	Shanon Crews	grants@acadiaca.com
Planning/ Development	Jack Moddle	planning@acadiaca.com
Community Engagement	Vacant	

## Acadia Recreation Complex Management and Staff

General Manager	Jorge Da Silva	403-255-1252 ext. 224 gm@acadiarec.com
Curling Coordinator /Special Events	Tannis Brown	403-255-1252 ext. 222 tannis@acadiarec.com
Curling Operations	Craig Recksiedler	403-255-1252 ext. 226 craig@acadiarec.com
Arena Coordinator	Madeline Vatcher	403-255-1252 ext. 223 maddy@acadiarec.com
Building Operations	Ross Scott	403-255-1252 ext. 233 ross@acadiarec.com

## Acadia Community Contacts

MLA Calgary -Acadia	Diana Batten	403-640-1363 calgary.acadia@assembly.ab.ca
MP, Calgary Midnapore	Stephanie Kusie	403-225-3480 stephanie.kusie@parl.gc.ca
Councillor Ward 11	Kourtney Penner	ward11@calgary.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	403-817-7918 neclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	cathie.williams@cssd.ab.ca
CPS Community Resource Officer	Pavel Adaikin	padaikin@calgarypolice.ca
Acadia Community Garden		587-777-0527 info@growingacadia.ca
Acadia Community Social Worker	Viviana Reinberg	403-476-7280 viviana.reinberg@calgary.ca
Girl Guides of Canada - Calgary Area		403-283-8348 ggcinfo@calgarygirlguides.com
Scouts Canada - Chinook Council		403-283-4993 253rdsouthheritagegroup@gmail.com



## MESSAGE FROM THE BOARD

Happy Spring Neighbours! A new season is upon us and the team here is gearing up for some fun activities in the sun.

### Easter Egg Hunt Summary

Our second annual Easter Hunt was Egg-cellent! Addison Place Playground came alive with the children from the community. We had over a hundred children participate in the hunt! The basket decorating was a big hit. The glitter tattoos and the other fun activities made the event quite the catch among the little ones, not to mention the amusement on the playground structure. Thank you to the many volunteers who helped hide all the eggs and put together the crafts and treats for the kids. A special thanks also for Sylvan Learning who supplied some coffee and treats for everyone. We had an amazing turn out once again and look forward to next year's gathering!

### ACA March Social Night Recap

We love seeing this gathering grow every time we host it! Thanks to all the individuals who joined us in the ARC Social lounge for our March Social Night. It's always nice to see all the friendly faces and enjoy good food and conversation. Don't forget to join us for the next one in June!

### Sponsor Shout Out

Our Winter Carnival was a great success thanks to all the sponsors that donated in one way or another to bring our event to life. Thanks to Jet Lift Systems Inc. for sponsoring all food, beverages, and s'mores. Save-on-Foods (Macleod Trail location) donated a cake for our cake raffle. Our friends at Good Bread YYC donated some amazing items for the bake sale and cake raffle, as well as some prizes for the snowperson building contest. Jelly's Creations Cakes and Calgary Co-op (Macleod Trail location) each donated a prize for the snowperson building contest. Panago Pizza (Macleod Trail location) provided our volunteers with a delicious meal and were offering great deals for everyone at the event. Seeds of Success Early Learning supplied and facilitated all the crafts, and The Calgary Italian Bakery Ltd. provided hot dog buns for the event. An immense thank you to you all, we are most grateful!

### Nominate Your Block for a Neighbour Day Block Party

Neighbour Day 2024 is back for another year on June 15 in Calgary! Last year's event was amazing and the residents on 86th Ave showed us they really know how to have fun! Do you think your block would be a great candidate for this year's event? Fill out a nomination form by visiting [www.acadia.community/neighbourday](http://www.acadia.community/neighbourday). Nomination period will be open until May 17.

### ACA Soccer Program

Registration for our U4 to U12 community soccer program is still open until April 15! Sign your kids up to make new friends, learn new skills and have lots of fun! We are still looking for more people to help coach the teams, so do not hesitate to reach out if this is something you are interested in. We have partnered with Calgary City FC to run our coaches' clinic scheduled for April 25 so our volunteer coaches will be well prepared! Coaches receive \$10 off your child's registration. To register and find out more visit [www.acadia.community/soccer](http://www.acadia.community/soccer).

### New ACA Member Benefits

Did you know that your ACA membership provides you discounts to local Acadia retailers, amenities, and businesses? As an ACA member, first time clients of Scruples Hair Design receive 10% off all products and 15% off all services. Visit [scrupleshairdesign.ca](http://scrupleshairdesign.ca) to book your first appointment today!

And, if you haven't already done so, visit [www.acadia.community/membership](http://www.acadia.community/membership) to get your membership and view other I ♥ Acadia business partner offers.

### We Need Your Help!

The ARC roof is due for replacement, and we are currently raising funds toward a summer construction project. This project is a significant financial undertaking, and as a non-profit organization, executing such a project is not possible without support from our community. If you can help out in any way, please visit [www.acadia.community/donate](http://www.acadia.community/donate) to make a donation toward this much-needed project that will ensure longevity of the building and allow it to be a safe place for our users for years to come.

Panago Pizza is offering a free pizza for everyone who donates \$100! Visit the front desk at the ARC for more details or email [fundraising@acadiaca.com](mailto:fundraising@acadiaca.com).

### Volunteer with the ACA

We're always looking for people to join our team as the success of our events and our ability to deliver on community projects and initiatives are dependent on our volunteers. There are a variety of opportunities to get involved. We are currently in need of chairs for our membership committee and our community engagement committee. We're also looking for more people to join our events committee. Check out the summary of volunteer roles on page 11. If you are available to help with any of these, please email us at [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).





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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SOUTH CALGARY COMMUNITY	
	
May 4 <sup>th</sup> , 2024	10 am to 1 pm
380 Midpark Blvd SE All Saints Lutheran Church	



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## ACADIA COMMUNITY ASSOCIATION

# 2024 EVENTS

### WINTER CARNIVAL

Fun carnival games, s'mores around the fire, horse-drawn wagon rides.

Feb  
10

### ACA SOCIAL NIGHTS

Meet & greet with ACA board members and coordinators over drinks and board games in the ARC Social Lounge. Occurs every second month.

### EASTER EGG HUNT

Kids can hunt for eggs filled with fun treats at one of Acadia's many parks.

Mar  
30

### COMMUNITY CLEANUP

Get started on your spring cleaning and get rid of your unwanted items for free.

May

### BIKE PARADE

Decorate your bike with streamers & balloons & join the ride.

May  
25

### NEIGHBOUR DAY

Bringing Acadians together for a fun block party!

Jun  
15

### STAMPEDE BREAKFAST

Pancake breakfast with live music, line dance lessons and petting zoo.

Jul  
6

### PARADE OF GARAGE SALES

Shop for unique treasures as the entire community opens shop!

Jun  
22/23

### MOVIE IN THE PARK

Enjoy a fun family movie under the stars in one of Acadia's greenspaces!

Sept  
6

### ANNUAL GENERAL MEETING

The ACA Board and ARC staff will update the community on their activities, accomplishments & goals.

Sept

### FALL FESTIVAL

Food trucks, kids' business fair, glitter tattoos & fall themed activities. Local Acadian businesses on site to showcase their offerings.

Sept  
28

### SOUTHEAST BREWFEST

The most anticipated ACA event of the year! Local craft breweries serve up their offerings for you to taste

Oct  
19

### KIDS' HOLIDAY PARTY

Visit with Santa, decorate cookies, make crafts & eat fun holiday themed treats.

Dec  
7

### HOLIDAY LIGHTS CONTEST

Light up Acadia this holiday season. Prizes in various categories to be won!

Dec

## What's Up at the ARC April 2024



HOME  
OF THE

Acadia Community Association  
Bow View Ringette Association  
Wolverines Hockey Club  
Isha Yama Judo Club  
Acadia Curling Rink - 10 Sheets

### Acadia Community Association

#### ACA Memberships

Memberships are available online at [acadia.community/](http://acadia.community/) membership or in-person at the ARC.

Family: \$25 | Individual: \$15

Non-Acadia Residents: \$25

#### Facility Rentals

##### Rose Hall Banquet Room, Conference Rooms, Meeting Rooms, Curling Arena, and Lounge

ACA members receive 15% off room bookings. For rental inquiries and more information, contact Tannis at [tannis@acadiarec.com](mailto:tannis@acadiarec.com) or 403-255-1252 ext. 222.

#### ARC Social Lounge

The ARC Lounge is no longer a Member's Only Lounge. We are open to the public so invite all your family and friends. We are also pleased to announce that the ARC Social Lounge is now offering a new Frankie's menu. Please ask any of our wonderful bartenders for ordering or pre-ordering procedures. See you there!

#### Courts

##### Pickleball

Come out and try pickleball! No experience necessary. You just need a minimum of two people to play and a maximum of 12 people. Two courts, paddles and balls supplied. To book a court, please visit [acadiarec.com/pickleball-courts](http://acadiarec.com/pickleball-courts).

#### Drop-in Information

Drop-in AM Session

Monday to Friday | 9:00 am to 12:00 pm

Drop-in PM Session

Monday to Tuesday Beginner and Intermediate

Drop-in PM Session

Thursday to Friday Intermediate and Advanced

**Rental Rates:** \$15 per hour for ACA members | \$22 per hour for non-members | \$7 per person per session, after rental rates.

**Morning Drop-In: Monday to Thursday** | 9:00 am to 12:00 pm

#### Squash/Racquetball Courts

**Drop-In Prices:** \$15 per hour for a court for ACA members | \$22 per hour for a court for non-members

Purchase punch cards (buy four hours, get an extra hour free) at our front desk during regular office hours.

**Rental Rates:** \$60 for ACA members | \$88 for non-members  
All prices include GST. Call us at 403-255-1252 or book courts online at [acadiarec.com](http://acadiarec.com).

#### Curling

The ARC is one of the largest curling pads in Calgary! We are proud to host 19 curling leagues. For any Funspiels or Corporate Bonspiels, or if you are interested in joining a curling league this winter, please contact Tannis at [tannis@acadiarec.com](mailto:tannis@acadiarec.com) or 403-255-1252.

#### Lake Bonavista Curling Club

##### Sundays, 5:00 to 7:00 pm

We are looking for curlers. For more details, please contact Doug Brown at 403-560-7094 or Tannis at [Tannis@acadiarec.com](mailto:Tannis@acadiarec.com) or 403-255-1252, ext. 222.

#### Arena and Skate

##### Sticks and Pucks

##### Monday to Thursday | 12:00 to 1:00 pm

\$5 drop-in fee. Maximum of 20 participants. Must wear helmets with face shield and gloves.

##### Public Skate

##### Wednesdays | 3:30 to 4:30 pm

Free! All participants must wear helmets.

##### Parent and Tot Skate

##### Tuesdays and Fridays | 9:30 to 10:30 am

Free!

#### Other Happenings

##### Understanding Seniors Housing

Friday, April 12 | 10:00 am to 12:00 pm

Local housing experts will discuss all seniors housing choices in Calgary. Engage with onsite housing providers and get your questions answered. Limited seating available, please register quickly.

Email [cshfevents@gmail.com](mailto:cshfevents@gmail.com) or call 587-777-6117 for more information.

##### Sports Card Show

Saturday, April 13 | 10:00 am to 4:00 pm

Sunday, April 14 | 10:00 am to 3:00 pm

##### Second Chance Art Sale

Friday, April 19 | 4:00 to 8:00 pm

Saturday, April 20 | 9:00 am to 3:00 pm

For more information, please email [rotaryartsale@gmail.com](mailto:rotaryartsale@gmail.com).

##### SML Pool Tournament

April 23 to 28, 2024

For more information, please visit [SMLentertainment.com](http://SMLentertainment.com).

##### Blood Services

Saturday, April 27 | 9:00 am to 3:00 pm

Please book online @ [Blood.ca](http://Blood.ca) or call 1-888-2-Donate



## Music Collectors Show

Sunday, April 28 | 9:00 am to 5:00 pm

For more information, please contact  
melodiyarecordscalgary@gmail.com.

## Keeping It Country Line Dance Club

**Wednesdays | 5:45 to 9:00 pm**

Contact Geraldine for more information on this dance program at 403-256-4150.

## Childcare Provider Coming Soon!

Seeds of Success Early Learning Program

Sadaf Fridos

403-796-4657

info@seedsofsuccess.kids

*Check out our new website at  
acadiarec.com. Online bookings  
and requests now available.*

Your ACA membership comes with special  
and exclusive offers from our

### I ♥ Acadia Business Partners

#### Acadia Recreation Complex

- 15% off banquet hall, meeting rooms, curling arena and lounge bookings
- Discount rates for pickleball and squash/racquetball bookings

#### Energize Health - South Location

- Receive a FREE 30 min massage when you attend an initial physio or chiropractic appointment

#### Ami Tea & Sub

- Buy One - Get One 30% off!
- Discount applies to all Ami Tea locations in Calgary

#### Alberta Tennis Centre

- play for FREE in the ATC Bubble from June 1st - August 31
- Book courts 2 days in advance

#### Code Ninjas - 130th Ave SE

- One free gaming night per month

#### Candy Multiverse

- 10% off purchases

#### Scholars Willow Park

- 10% off all regular tutoring fees and summer camp fees

#### Seeds of Success Early Learning Program

- 50% off registration fee

#### Scruples Hair Design

- First time clients receive 10% off all products and 15% off all services

#### Tek Custom Installs Inc.

- 25% off handyman rates.
- Minimum 2-hour booking per visit

[www.acadia.community/membership](http://www.acadia.community/membership)

[www.acadia.community/aca-partnership-program](http://www.acadia.community/aca-partnership-program)

## Word of the Month

**Portmanteau: noun (port-man-toe)**

A literary device wherein two words are merged to form a novel word with a distinct meaning.

John was surprised to learn that the word 'motel' is a portmanteau of 'motor' and 'hotel'.

## REASONS TO BECOME A MEMBER OF THE



**ACADIA  
COMMUNITY  
ASSOCIATION**



### VOTE

Have a say and influence on issues that are most important to you. Have a passion for a new playground, public art, or more programming? Joining the ACA is how you get involved in shaping the community where you live!

### COMMUNITY HAPPENINGS

Keep up to date with all the happenings in the community, including new infrastructure developments, planning, traffic, events, programs, townhall meetings, ward news, and City news.

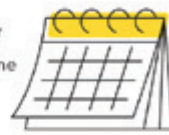


### MEMBERS ONLY PERKS

ACA members get discounts on various local area food and retail outlets. In addition, members get access to the ARC Social Lounge and 15% off room and ice bookings at the ARC for private events!

### FREE EVENTS

Most of our events are free or at a very reduced rate for members. The ACA hosts some great events each year, such as the Winter Carnival, Stampede Breakfast, Neighbour Day, and more!



### BE PART OF A COMMUNITY

Research shows that being part of a community and its association is vital to making sure your community is a great place to live, work, and play.

**ANNUAL MEMBERSHIPS ARE  
\$15-\$25**

**FIND OUT MORE AND PURCHASE AT  
[HTTPS://ACADIA.COMMUNITY/MEMBERSHIP](https://acadia.community/membership)  
OR EMAIL [MEMBERSHIP@ACADIACA.COM](mailto:MEMBERSHIP@ACADIACA.COM)**



**SAVE THE DATE**

**SATURDAY  
MAY  
25TH**

**At the ARC  
240 90 AVE SE**

**ACADIA  
COMMUNITY  
ASSOCIATION**

**BIKE  
PARADE**



 **ACADIA  
COMMUNITY  
ASSOCIATION**

**ARC** ACADIA  
RECREATION  
COMPLEX

**The Acadia Community Association  
needs your support!**

The Acadia Recreation Complex is a vibrant community hub and home to many local clubs, groups and programming.

We are calling on our community to help us raise funds to replace the ARC's original 1981 roof. Replacing the roof will be integral in ensuring we can continue to have a safe and operational space for everyone to gather.

**Together we can do this!**

Construction planned to start  
Summer 2024

**To Donate**

Online at  
[www.acadia.community/donate](http://www.acadia.community/donate)

Cash & cheques in person at the  
ARC front desk 240 90 Ave SE

Help us reach  
our goal of  
**\$500,000**



**JUNE 15TH IS NEIGHBOUR DAY!**

**NOMINATE  
YOUR  
BLOCK!!**

**TO BE THE HOST VENUE FOR THE  
ACA NEIGHBOUR DAY BLOCK  
PARTY!**



Visit  
[acadia.community/neighbourday](http://acadia.community/neighbourday)  
for full details!

## ACA Volunteer Callout - We Want You!

Community volunteers are an essential part of the Acadia Community Association. As a volunteer, you will make a tremendous impact on your community while gaining new skills and building new connections. We need your help to keep our organization and programs running smoothly. We have a variety of ways for you to get involved. Please see below for what our current volunteer needs are and reach out to us if you can envision yourself in those positions, making a difference in the community you live in!

To learn more about these roles and to apply please contact [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

### Community Cleanup

As we partner with the City of Calgary for our annual Community Cleanup event in May, we need volunteers to assist with traffic directing and to oversee each bin/drop-off station. This event is very well-attended, so the more volunteers the merrier! Please reach out to us today to find out about the roles available.

### Soccer Coaches Needed

We are looking for experienced individuals to lead practices for our new U4 to U12 soccer program. You will be working under the direction of the Soccer Program Coordinator to help players improve performance, strategize on player positions, and develop an on-field strategy. If you are passionate about coaching kids' soccer, visit [www.acadia.community/soccer](http://www.acadia.community/soccer) for more information and reach out to us to apply at [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

### ARC Roof Replacement

The Acadia Recreation Centre needs a new roof. We are looking for individuals to help bring expertise in fundraising to execute this project. Any contribution you can make towards this endeavour is welcome! Reach out to us [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com).

### Board Members and Committee Chairs

The ACA is looking for several people who are passionate and creative to join our board and spearhead committees. The areas of need are Community Engagement, Membership, Projects, and Events. If you are determined to bring about change in your community and would like to participate in the execution, reach out to us, we've got a spot for you!

The specific needs of our Events Committee is to have a chair for each event. Upcoming events that require a committee include the Easter Egg Hunt, Bike Parade, Community Cleanup, Neighbour Day, and Stampede Breakfast. The success of these events and our programming relies heavily on our amazing community volunteers. We hope you will consider joining us!



We are searching for  
*Volunteers*

Acadia Community Association is bringing some great events to the Acadia community in 2024!

Email [volunteer@acadiaca.com](mailto:volunteer@acadiaca.com) to express your interest in supporting events such as:

**WINTER CARNIVAL**  
**STAMPEDE BREAKFAST**  
**BIKE PARADE | MOVIE IN THE PARK**  
**NEIGHBOUR DAY**  
**KIDS' CHRISTMAS PARTY**  
**AND MANY MORE!**



## PLUMBER



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**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**ACADIA MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

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**ACADIA CONTRACTOR FOR HIRE:** Over 20 years' experience completing renovations in and around Acadia. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. [www.lefroyconstruction.com](http://www.lefroyconstruction.com).

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**YOUR HANDYMAN:** All kinds of work around your house, including interior and exterior. Any type of job: small job, good job, big job, awesome job. 23 years' experience in North America and Europe. For free estimates, call Marcin at 403-870-6636 or email [marcinj09@gmail.com](mailto:marcinj09@gmail.com).

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**AFFORDABLE DENTAL CARE MINUTES FROM ACADIA!** Dental doesn't need to break the bank! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit [CalgaryDentalCenters.com](http://CalgaryDentalCenters.com). Save money, smile, be happy!

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**CROWN RENOVATIONS:** 10% discount on contracts signed Spring 2024. Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Full house renovations. Check out our website [www.crownrenovations.com](http://www.crownrenovations.com). Contact Bill, 403-819-8588 or [crownreno@shaw.ca](mailto:crownreno@shaw.ca).

**CS HANDYMAN SERVICES:** Serving Kingsland, Haysboro, Willow Park, Maple Ridge, Fairview, Acadia, and Southland, doing drywall repairs, fence repairs, painting, small plumbing repairs, and odd jobs around the house. Courteous and reliable. Licensed and insured. Low rates. Phone Cliff at 403-620-8170.

**ACADIACALGARY.CA:** See all homes for sale and homes sold recently in Acadia at [AcadiaCalgary.ca](http://AcadiaCalgary.ca).

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**MUSTIQUE PAINTING LTD:** Are you looking for a committed top-quality painter who is professional and offers fair and reasonable prices? Well, look no further! Call 587-225-2225 or [mustiquepainting@gmail.com](mailto:mustiquepainting@gmail.com) for your free estimate. Customer satisfaction guaranteed! Don't settle for less than the best, you won't regret it, call now.

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*continued on next page*

# BUSINESS CLASSIFIEDS

## continued

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

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## Acadia: A Good Food Box Depot!

Thanks to community support for the Good Food Box Program, individuals and families in Acadia can now purchase boxes of fresh fruits and vegetables at an affordable price—approximately \$1 per pound of produce—and have those boxes delivered to the ARC for pick up.

All boxes contain the maximum amount of produce to ensure clients get the most value for the price. Clients can choose from three different box sizes (see below), and the program is available to everyone regardless of income level.

Box Size	Price	Weight
Small	\$30	15 to 20lbs* of fruits and vegetables
Medium	\$35	25 to 30lbs* of fruits and vegetables
Large	\$40	35 to 40lbs* of fruits and vegetables

*\*Please note that weights are approximate.*

If you are interested in purchasing a Good Food Box for pick up at the ARC, please complete a request form at [www.acadia.community/goodfoodbox](http://www.acadia.community/goodfoodbox) or email [goodfoodbox@acadiaca.com](mailto:goodfoodbox@acadiaca.com). Payment by e-transfer or cash is required at the time of ordering.

For upcoming 2024 order and pick up dates for the Good Food Box Program in Acadia, please refer to the chart below.

### Upcoming Good Food Box Order and Pick Up Dates

Order Deadline - Friday	Pick Up Date - Wednesday From 11:00 am to 2:00 pm or 4:00 to 6:00 pm
April 5	April 17
April 26	May 8
May 24	June 5
June 14	June 26
August 16	August 28
September 13	September 25
October 11	October 23
November 8	November 20
November 29	December 11







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Tuesday:	8AM - 3PM
Wednesday:	8AM - 7PM
Thursday:	8AM - 3PM
Friday:	8AM - 3PM
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