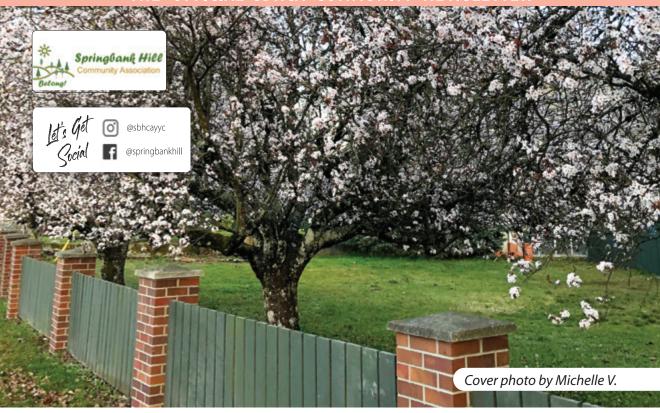
SPRINGBANK HILL

THE OFFICIAL SBHCA COMMUNITY NEWSLETTER



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		membership@springbankhill.org	ale				
Ezenwa Echefu	Treasurer	treasurer@springbankhill.org	Springbank Hill Community Association				
Carly Deibler	Secretary and Director, Social Media	secretary@springbankhill.org					
Vacant	Director, Planning	planning@springbankhill.org					
Dan Hnatyshyn	Montreux Rink Coordinator	somrink@springbankhill.org					
Jeff Davidson	Director, Community Gardens	community growers@springbankhill.com	org				
Vacant	Director, Grant Funding	info@springbankhill.org					
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Vacant	Director	info@springbankhill.org					
Behrokh Azarian	Director at Large	general@springbankhill.org					
VOLUNTEERS							
Laura Butynets	Soccer and T-Ball Sports Program Coordinator	recreation@springbankhill.org					
Dave Walker	Springbank Hill Scout Troop #137	springbankhill 137 scouts@gmail.com					
Paul Duncan	Springbank Hill Rink Coordinator	info@springbankhill.org					
Fiona Christiaansen	Casino Fundraiser Lead						
General Inquiries	info@springbankhill.org						
Memberships	membership@springbankhill.org						

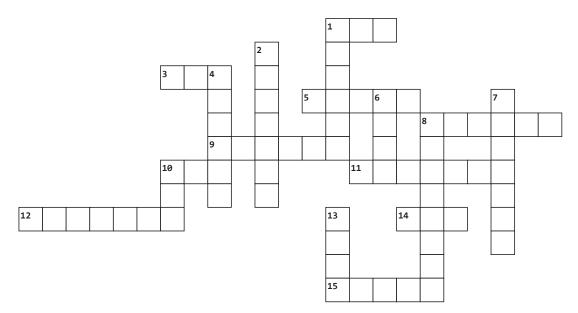
HOMEOWNERS ASSOCIATION

Springbank Hill Homeowners Association info@sbhha.com, www.sbhha.com
The Slopes Community Association www.theslopes.ca
Springborough Homeowners Association www.springborough.ca





SPRINGBANK HILL GARDENING CROSSWORD

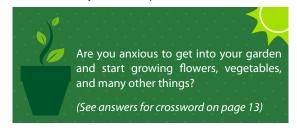


Across

- 1. Those beautiful rays in the sky that help our plants grow (3 letters).
- 3. When spring comes, we love to ____ in the soil (3 letters).
- 5. Part of a plant that grows underground (5 letters).
- 8. These vegetables are so tasty but can often bring tears to our eyes when we cut them (6 letters).
- 9. Viola is the horticultural name for this beautiful, often little purple flower, that generally blooms in May in Alberta (6 letters).
- 10. An insect that collects pollen (3 letters).
- 11. This vegetable is a basic ingredient for any salad (7 letters).
- 12. A red and black-spotted bug you love to see on your plants (7 letters).
- 14. The act of planting seeds (3 letters).
- 15. What we plant and hope to grow (5 letters).

Down

- 1. A little new plant bud (6 letters).
- 2. What Bugs Bunny likes to eat (7 letters).
- 4. What we wear to protect our hands when gardening (6 letters).
- 6. Something we need to make our plants grow (4 letters).
- 7. A small hanging flower that you often seen planted in hanging baskets or planters (7 letters).
- 8. Where we love to be as a gardener (8 letters).
- 10. What we want our pumpkins to grow (3 letters).
- 13. One of many _____ in a pod (4 letters).





PRESIDENT'S MESSAGE

Greetings to all our Springbank Hill residents. As I write this message, we are approaching the official end of the winter season, and by the time you will be reading it I am hopeful that we are seeing clear signs that spring is arriving! Of course, we never know for sure here in Calgary because the weather is so unpredictable.

Spring in our community brings several new initiatives. For starters our annual Spring Community Cleanup event, which is a collaboration between Springbank Hill, Discovery Ridge, and Signal Hill, will be occurring soon. Stay tuned and look for specific announcements regarding this event as it provides an excellent opportunity to get rid of unwanted items in your home and garage while also avoiding a costly trip to the city landfill. Also, the start of our annual children's soccer program for kids aged four to six years of age is coming up this month. Many thanks to the volunteers who sign up to assist us in both the soccer program and the community cleanup. Early preparation work for the start of the growing season for our community garden rental beds will be underway soon.

I would also like to highlight the '9 PM Routine' message from the Calgary Police Service and encourage you to read the article on this subject in this newsletter. While we take pride in acknowledging that we live in a community which has been among the safest in the city, we are not immune to the occasional break-in, and following the simple precautions outlined in this article will help in keeping you and your home safer. Our community association works closely with our community resource police officer to ensure we take advantage of all the advice that the Calgary Police Service provides to residents of this city.

We continue to welcome enquiries for new volunteers as well as board members to join our community association as we work to foster a more active and engaged community and sense of belonging through our services, programs, events, and community enhancing capital investments. A healthy amount of turnover of our existing group of volunteers and board members is normal with community associations, and we encourage the ongoing infusion of new contributors so that we can continue to be challenged with new

ideas, skills, and energy. Several of our existing board members, including myself, have been serving for many years. This is my tenth year serving on the board in various capacities including the last five years as president. I have recently announced to our board that I do plan to step back at our fiscal year-end later this year. It's been a great experience but it's now time to pass on my role to a successor. This is a wonderful opportunity for someone to step up and bring renewed energy to our organization by taking on the role of president and leading our board of directors. I am available to discuss this opportunity with all candidates that wish to consider a new challenge while giving back to the community. It's an excellent personal development opportunity as well, and I am always available to support any and all new members of the team as they ease into a new role.

Best Wishes,

Elio Cozzi

President, Springbank Hill Community Association





Become a SBHCA Business Member

Springbank Hill is a vibrant and growing community. The rolling hills, trees, open spaces, and pathways are something that makes our community attractive to so many families and individuals. Through our ongoing communications with members, our events, and community properties (e.g. The Springbank Hill Community Park and Garden), we strive to create a vibrant and supportive neighbourhood. Having Calgary businesses become SBHCA members by supporting our programs and providing a sense of belonging for our residents is an important next step.

We are pleased to announce that businesses within the Springbank Hill community area, and within Calgary, can purchase a business membership. Whether you are a home-based business, an entrepreneur, a small business, a large company, or a not-for-profit, we would love to have you join!

It would be great, although not necessary, for your organization to offer our residential members discounts on your merchandise and/or services. We will promote your discounts to our members.

The annual fee for a 12-month rolling membership is \$35. To join today please visit https://springbankhill.org/business-members/.



2024 SBHCA Kids' Soccer and T-Ball Registration Has Opened!

by Laura Butynets

Hello Springbank Hill families! As the SBHCA Soccer and T-Ball Program Coordinator, I am excited to let you know that registration opened on February 1, 2024.

For eager parents wanting to register their children for soccer, the season will run for eight weeks, from April through June. Sign up online at springbankhill.org. Please note that you will need a current SBHCA residential membership to sign up your children for soccer.

I encourage parents to sign up for volunteer duties when you are registering your child for the program online (you will see a section for volunteer opportunities). One of the primary roles we will be looking to fill is coach. Lesson plans will be included for each practice and the goal is to have two coaches per team so there is less pressure to be at every practice.

Additionally, we are looking for a volunteer to help organize and coach T-Ball this spring in order to offer T-Ball as part of our programming. If you are interested in this position or another role, please reach out to me by emailing recreation@springbankhill.org. Without volunteers, this program cannot be a reality, so please sign up.

I look forward to seeing you and your children out on the field this year!



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Share Your Photos!

We are always looking for great community photos to post on our website, in our social media, and in our Newsletter. If you have some great shots that you would like to share, please email them to info@springbankhill.org along with your name, and you just might see your talent featured in our next issue.





to your community



Springbank Hill Community Association

For only \$25 per year, your family can belong to the Springbank Hill Community Association and experience the many benefits of being a member.

When you become a community member, your household receives the following:

- · Access and discounts on various events in our community
- The ability to rent one of our community garden boxes
- · Advocacy on community concerns relating to safety, development, and the natural environment
- · Opportunities to provide input on community capital projects
- A voice in our community

Only registered members receive regular community emails and digital newsletters to inform them of events, programs, news, and matters in our community. The membership fee also helps us fund all the different initiatives that make our Springbank Hill community a safe, fun, and friendly place to live. To join as a member, please visit our website at https://springbankhill.org/membership/.

Check out SBHCA's Partner & Sponsorship Program!

SBHCA partners and sponsors are essential to helping us raise funds for events (e.g., our annual Pumpkin Festival, Movies in the Park) and properties (e.g., Springbank Hill and Montreux Outdoor Rinks, the Community Garden). It is also a great way for organizations to connect with our residents at a grassroots level.

If you have any questions, or would like to discuss an opportunity further, please contact us at membership@springbankhill.org or further details can be found at https://springbankhill.org/partners-sponsors/.





THE COOKIES ARE COMING!

They're chocolate... and vanilla... and very tasty!

Watch for Girl Guide cookies being sold in your neighbourhood in March and April, and please buy some if you can! By supporting Girl Guide cookie sales, you are supporting the amazing Girl Guide programs we have right here in our Sunset Hills District.

Girl Guide programs for Sparks, Embers, Guides, Pathfinders and Rangers are extremely popular in our community. Girls in Guiding enjoy camping, hiking, sleepovers, chemistry, engineering, campfires, community service, field trips, crafts, songs, and much more. Of course, they also practice communication skills and money management skills when they sell Girl Guide cookies to friends, to neighbours, and to the public!

To learn more about Girl Guides in our area, or to find out where you can pick up some delicious cookies, contact sunsethillscookies@gmail.com.







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		Listed	Sold	Listed	Sold
February	24	25	17	\$589,900	\$620,000
January	24	21	18	\$372,450	\$383,750
December	23	15	14	\$449,950	\$449,750
November	23	16	19	\$845,000	\$808,000
October	23	15	10	\$924,000	\$902,500
September	23	19	11	\$1,049,000	\$1,070,000
August	23	14	17	\$948,000	\$941,000
July	23	18	28	\$997,500	\$992,250
June	23	37	18	\$900,000	\$934,000
May	23	20	27	\$984,900	\$1,050,000
April	23	24	14	\$737,450	\$755,000
March	23	24	18	\$949,500	\$971,500

To view more detailed information that comprise the above MLS averages please visit sph.mycalgary.com

Have You Started Your 9 PM Routine?

by Constable Chris McIntosh, City of Calgary Police

*This article was first published in our May 2021 SBHCA community newsletter. It has some very important tips on keeping your home and family safe, which are worth resharing with you.

Over the summer months, the number of break and enters in Calgary increases by 20 percent. More than 44 percent of break and enters are preventable by simply locking a door, shutting a window, or removing a garage door opener from a vehicle parked outside.

In response to these alarming numbers, the Calgary Police Service (CPS) is reminding citizens to ensure that their vehicles, garages, and homes are always secured, especially before going to bed. The 9 pm Routine serves as reminder for Calgarians to do just that.

Every night at 9 pm, you are encouraged to:

Remove all valuables from vehicles, including garage door openers.

Ensure that vehicles are locked, windows are closed and if possible, parked in a garage.

Close all garage doors and windows.

Lock any person-doors in the garage, especially those leading into a house.

Check that all house doors – front, back, side and garage – are locked.

Make sure that all windows are shut, even if it's hot.

Turn on an exterior light so that neighbours and passersby can see if someone suspicious is on your property.

In Calgary, 50 percent of all break ins happen between 9:00 pm and 6:00 am, which is extremely concerning as many citizens are home sleeping with their families during that time.

By creating a routine before going to bed you can help protect your house and your family. To make sure that you never forget to lock up, get all family members involved in the 9 pm Routine, including your little ones. It's also easier to remember to complete the 9 pm Routine by combining the task with another nightly routine, such as brushing your teeth.

Follow the Calgary Police Service on Facebook, Twitter, and Instagram for reminders to complete the 9 pm Routine and for more crime prevention tips.

Facebook: www.facebook.com/CalgaryPolice

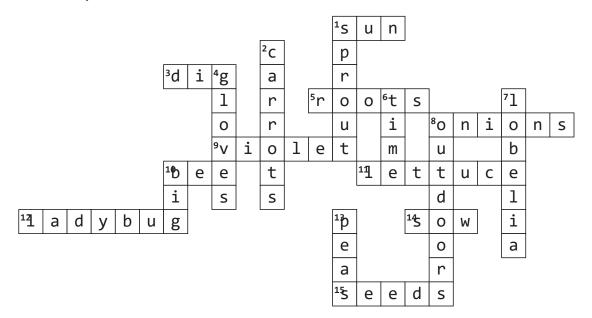
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Springbank Hill Gardening Crossword Answers

Check out how you did. Here are the crossword answers.









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