

OCTOBER 2025

DELIVERED MONTHLY TO 7,775 HOUSEHOLDS

The Gazette



THE OFFICIAL STRATHCONA, CHRISTIE & ASPEN COMMUNITY NEWSLETTER

GREAT PUMPKIN CARNIVAL OCTOBER 24



David knows the Westside.

403-869-7971 | david@davidpellettier.ca | davidpellettier.ca



Friend
Neighbour
Realtor®
David Pellettier

www.scacalgary.ca

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca



CENTURY 21.
Bamber Realty Ltd.

Our Services

Professional Photography/
Videography/Aerials
Digital Marketing
Print Materials
Global Exposure

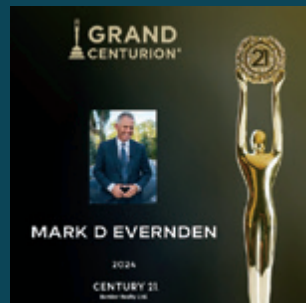
#2 Real Estate Advisor
for 2024

#10 in Canada

Top 1% Performer

**83 transactions and
New Beginnings**

(Source of data from Century 21 System)



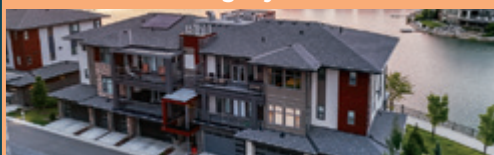
43062 Township Road 250



\$4,998,000

320 Acres | 3 Bed, 2.5 Bath | MLS# A2234438

29 Mahogany Circle SE



\$1,998,000

3 Bed, 3.5 Bath | MLS# A2233083

116 Hawks Landing Drive



\$3,488,000

7730 sqft of living qtrs | 5 Bed, 3.5 Bath | MLS# A2231470

2758 85 Street SW



\$2,750,000

3.14 Acres | 5 Bed, 3.5 Bath | MLS# A2235378

264390 Forestry Trunk Rd



\$4,998,000

8766 sqft of living qtrs | 63.3 Acres | MLS# A2235308

"YOUR HOME"



**Call me directly for a listing
evaluation with NO obligation**

Mark D. Evernden | 403.829.3776
www.evergroupcalgary.com

WINTER IS COMING...

IS YOUR FURNACE READY?



\$149

FURNACE TUNE-UP!



**MR. MIKE'S
PLUMBING
+ HEATING**

403-520-2040



**MR. TRENCHLESS
SEWER + WATER**

**ROOTS DESTROYING YOUR PIPES?
WE CAN FIX IT WITH TRUE, NO
DIG PIPELINING TECHNOLOGY!**

587-205-9004



ROOT PROBLEMS?



BEFORE



AFTER

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee

403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

We make your phone ring.
We bring you more customers.
We grow your sales.

Call 403-720-0762 | grow@greatnewsmedia.ca



SCAN ME

**Tired of Loose
DENTURES?**



Implant Dentures
look, feel + function
like natural teeth

WDC
WESTSIDE
DENTURE CENTRE

enabling smiles + simple pleasures

**Serving Calgary
for 30 years**

- Excepting the new Federal and Provincial Dental Plan
- Latest in digital Denture technology for best fit and comfort
- Friendly, caring staff



#202 - 1919 Sirocco Dr. SW. (by Sunterra Market)

www.westsidedenture.com | **Tel. 403.242.5880** | westsidedenture@shaw.ca

CONTENTS

- 7 MESSAGE FROM THE BOARD
- 9 MENTAL HEALTH MOMENT: HOW YOU CAN SUPPORT AN EMOTIONALLY AVOIDANT PARTNER
- 13 EVENTS
- 16 SCA PROGRAMS
- 26 SAFE AND SOUND: HALLOWEEN SAFETY
- 28 BUSINESS CLASSIFIEDS



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

STRATHCONA



**CHRISTIE
PARK**



**ASPEN
WOODS**



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SCA Community Centre

277 Strathcona Drive SW, T3H 2A4

T: 403-249-1138

F: 403-249-7811

Email

info@scacalgary.ca

Emergency

403-214-1838

Website

www.scacalgary.ca

Office Hours: Monday to Friday, 10:00 am to 1:00 pm

SCA Board of Directors

President	George Diwan
Vice President	Bob Schmal
Treasurer	Geoff Kalyniuk
Secretary, Community Engagement	Vacant
Traffic and Development	Carrie Stewart
Education and Integration	Davood Khairkhah
Director at Large	Stuart Turner

SCA Office

Office Manager	Shelley Lakatos
IT Admin	Michael Smith
Rink Volunteer Coordinator	info@scacalgary.ca
Office Assistant	Sherry Norman
Marketing and Communications	Vacant

Contact us at info@scacalgary.ca

ELECTED REPRESENTATIVES

David McKenzie – MP, Calgary Signal Hill	David.Mckenzie@parl.gc.ca	403-292-6666
Mike Ellis – MLA Calgary West	Calgary.west@assembly.ab.ca	403-216-5439
Councillor, Ward 6	Eaward6@calgary.ca	403-268-1646
Patricia Bolger – Public School Trustee		
Lory Fontana-Iovinelli – Separate School Trustee	Lory.iovinelli@cssd.ab.ca	403-500-2761



Cats, Canines, & Critters of Calgary



Charlie, Copperfield



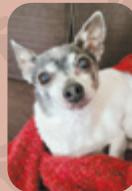
Cody, Glenbrook



Dobby,
Hunterson Place



Guzel,
Hunterson Place



Nelly, Dalhousie



Poppy,
Tuxedo Park



Sugar, Signal Hill



Todd,
Lake Chaparral

To have your pet featured, email news@mycalgary.com

MESSAGE FROM THE BOARD

Dear Neighbours,

As the leaves start to change and the refreshing autumn air arrives, our community embraces a unique charm. Fall in SCA is not merely about the drop in temperature, it's about uniting, honouring traditions, and getting ready for a warm festive season ahead and settling day-to-day routines.

The autumn season is truly a time for connection. From kids selecting costumes for Halloween to families coming together for Thanksgiving feasts, this time of year unites us. We invite everyone to decorate, get involved, and infuse our neighbourhood with seasonal cheer in any way possible. Whether it's distributing candy, organizing a pumpkin carving contest, or sharing a cozy meal with loved ones, let's ensure this fall is unforgettable.

This past summer was a productive one for our community association. You may have noticed activity in the area, the SCA managed to complete some very important safety projects.

- Structural repairs to the columns of the building on the lower level, main entrance and north side – this ensures our facilities remain safe and welcoming for years to come.
- Pothole repairs in the parking lot – improving safety and access for all visitors.

We are excited to share that the SCA has revamped our website to better reflect our vision for the community and, more importantly, to enhance user-friendliness. This marks a significant advancement as we progress in the digital age of technology. Our commitment to innovation and improving our site will remain strong to ensure an optimal user experience. We invite you to explore our fresh design at www.scacalgary.ca and share your thoughts with us!

Our community thrives on the passion and dedication of residents who step up to help. Right now, we have two important opportunities where your skills could make a real difference:

• **Board Secretary (Volunteer Role):** We are seeking a detail-oriented and organized resident to join the Board as Secretary. This role is vital for keeping records, supporting Board meetings, and helping guide our community's future.

• **Marketing and Communications Specialist (Paid Role):** The Community Association is hiring a Marketing and Communications Specialist. This individual will help us share updates, promote programs, and connect with our residents in a new way.

If you or someone you know is interested, please reach out to the us for more details at info@scacalgary.ca.

Fun Fact About Aspen Woods

The areas that currently define Aspen Woods were incorporated into the City of Calgary in 1956. Prior to its development, this region was characterized by rural farmland and open prairies, but its name pays tribute to the groves of aspen trees that once flourished across the area. It officially transformed into a residential neighbourhood in 2001, with a master plan focused on spacious estate lots and a design that caters to families. As you navigate through Aspen, you'll observe the broader streets, which were purposefully designed to foster a more open suburban atmosphere while supporting larger lots and a family-centric layout.

As we look forward to Halloween fun and Thanksgiving gatherings, let's continue to support one another and celebrate what makes our community unique in a safe and inclusive way. Together, we've accomplished so much this year—and with your involvement, the best is yet to come.

Your Board of Directors





Calendar

DATE	TIME	EVENT
October 9	6:30 pm	Thanksgiving Flower Basket Workshop
October 15	7:00 pm	SCA CA Board Meeting
October 24	5:00 to 7:30 pm	The Great Pumpkin Carnival
November 19	7:00 pm	SCA CA Board Meeting
November 28		SCA CA Moonlight Serenade Seniors Dance
December 6	10:00 am	SCA CA Christmas Craft Fair

Please Note: Community Association members are welcome to attend SCA board meetings by appointment. Contact info@scacalgary.ca.

MONTHLY NOTICES

SkipTheDepot and Donate to the SCA

We have partnered with SkipTheDepot to allow you to donate the money from your recyclables to the SCA.

It's easy! Just follow these steps:

1. Download the app or register online
2. Enter your home address and pick a date
3. Cash out or donate to charity

SkipTheDepot will count your bags and credit your account within 48 hours after pickup. Funds will be donated to the SCA! Sign up at app.skipthedepot.com/scacalgary.

Add Your Name to Our Babysitter Listing

Check out our listings at www.scacalgary.ca under Community Directory. If you would like to add your name to our list, email your name, age, community, and phone number to info@scacalgary.ca.

E-Newsletter

Want to receive our monthly e-newsletter? Send your email address to info@scacalgary.ca.

Follow Us On Facebook and Instagram

YOUR CITY OF CALGARY

The 2025 General Election Is Here

by *The City of Calgary*

Eligible voters can cast their ballots for the 2025 General Election starting October 6, 2025.

During Advance Vote, from October 6 to 11, voters can vote at any of the Advance Vote stations, regardless of the ward in which they reside.

On Election Day, October 20, voters must vote at their designated voting station.

Voters can use the "Where Do I Vote?" tool on the Elections Calgary website to find their nearest Advance Vote location, as well as their designated voting station on Election Day.

Special (mail-in) ballots are available for request for voters who cannot vote during the Advance Vote or on Election Day for any reason. The last day to request a mail-in ballot to be mailed to you is October 3.

The last day for in-person pick-up is October 20 at 10:00 am. All mail-in ballots must be received by the Elections Calgary office by 12:00 pm (noon) on October 20. Mail-in packages can be requested online or by calling 403-476-4100.

More information on where, when and how to vote, voter identification requirements and other important information about the 2025 General Election can be found at electionscalgary.ca/vote or by calling 403-476-4100.



MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$20,679

SALE \$15,679

Limited Supplies

We Also Specialize in En Suites & Custom Bathrooms

PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



WESTERN BATHROOMS & RENOVATIONS

Serving Calgary since 1989

403-257-3222 | WWW.WESTERNBATHROOMS.CA

All Labour & Material Included

All packages pertain to standard size bathrooms

The Art of Finding Work: Job Seekers: Be Clear on Your “Secret Sauce”

by Nick Kossovan

Most job seekers present themselves to employers as a jack of all trades, master of none, when they should be presenting a unique set of skills.

You think you're talented.

Everyone you're up against thinks they're talented.

What makes you special?

When you apply for a job, possessing the necessary skills and qualifications is not enough. You need to find ways to differentiate yourself; otherwise, you will blend in with the other job seekers you're competing against.

The key to differentiating yourself and rising above all the noise so you're seen and heard rather than ignored lies in your “secret sauce”—the unique skills, experiences, and attributes that make you one-of-a-kind. Thus, you become what most job seekers aren't: memorable.

Asking Yourself the Following Questions Will Help You Define Your Secret Sauce:

In My Current or Previous Positions, What Were My Favourite Tasks?

For the most part, we enjoy activities we're good at (e.g., working with numbers, designing costumes, conducting research, organizing events, writing blogs). Our inherent strengths and aptitudes create a natural talent for the activity, thereby making it enjoyable since you're not fighting who you are.

List everything, work-related and non-work-related, you enjoy doing.

What Feedback Have I Received from Colleagues or Supervisors Regarding My Work?

Reflect on your career journey. Think of all the positive and negative feedback you received, whether in formal performance reviews or an offhand manner, regarding your work or something you did.

- “I enjoy sitting in on your presentations.”
- “You have a knack for listening.”
- “The way you motivate your team is impressive.”

What Problems Have I Successfully Solved in Previous Positions?

Every position exists to solve a problem. For instance, accountants are hired to monitor a company's incoming revenue and outgoing expenses and oversee its compliance with local tax laws.

What problems have you solved for your employers? Increased website traffic? Decreased spending? Increased customer satisfaction? Decreased safety violations? Increased sales? (employers' favourite).

What Unique Experiences or Backgrounds Do I Have That Contribute to My Skill Set?

A candidate who grew up in Québec City will have a competitive edge being fluently bilingual over someone who simply attended French immersion in Calgary, Alberta. The same could be said for a candidate whose mother was a social worker, making them more attuned to the needs of others, or their father who was a pharmaceutical representative, thus exposing them to human dynamics that influence.

Everyone has a unique story of how their place of birth and experiences, especially first experiences, developed their strengths and passions. Explaining to an employer that your enjoyment of and passion for providing customer service comes from having spent your weekends and summers working the front desk at your family's 85-room hotel in Estevan, Saskatchewan, has much more impact than simply saying, “I like helping people.”

What Skills Have I Gained Through Hobbies or Volunteer Work?

I once hired a call centre agent who volunteered at a local suicide prevention hotline for several years. And a candidate who coached a little league baseball team turned out to be one of the best first-time managers I ever hired.

Don't ignore the skills and experience you've acquired outside your employment or education. Skills, experience, and knowledge aren't just acquired at work or school. The skills and experience you gain from volunteering, starting/running a business, being a parent, playing in a sports league, or serving on your condo board can be valuable to employers.

If the above questions don't solicit as many skills as you'd like, seek the opinions of family members, friends,



and colleagues. Ask them what they think your key strengths are. Their insights may surprise you.

Once you've identified your hard and soft skills—your soft skills (e.g., communication, critical thinking, time management) are the most important to employers—you need to communicate your unique skills as selling points. Merely listing your “skills” and “qualifications” doesn't distinguish you from other applicants. You must describe who you are and what you offer in a straightforward, memorable narrative conveying your unique value proposition.

Not memorable: “I speak French.”

Memorable: “I was born in Québec City. French is my mother tongue.”

Additionally, frame your skills and qualifications in terms of how they can benefit an employer.

No value add: “I have strong analytical skills.”

Value add: “During my seven years as a financial analyst at Wayne Enterprises, I developed above-average analytical skills that enabled the company to take advantage of several initial public offerings that turned out to be quite lucrative. One recommended buy resulted in a \$7.5 million gain within less than a year.”

Based on my experience, most candidates fail to emphasize their uniqueness; hence, they don't stick in my head. Given the number of candidates I've interviewed throughout my career, one would think I'd have heard many inspiring, funny, entertaining, and sad career and life stories. Unfortunately, that's not the case. Job seekers need to work on being mentally sticky. In a competitive job market filled with qualified candidates, articulating your secret sauce will ultimately set you apart.



THE FUN RUN OF THE YEAR!

1KM & 5KM
INCREDIBLE RIVER VIEWS

Supporting

Calgary Humane Society



east village

SATURDAY, NOVEMBER 15TH 2025

ONESIERUN.CA

GAMES & PUZZLES

Guess the Squash!

1. This winter squash is popular in making Jack-o'-lanterns.
2. The British refer to this summer squash as a courgette.
3. This elongated squash grows on a vine and has a bulbous bottom that stores its seeds.
4. This squash resembles the shape of a flying saucer!
5. This squash shares its name with an elongated yellow fruit.
6. Like the fruit of an oak tree, this squash shares the same name and shape.



SCAN THE QR
CODE FOR THE
ANSWERS!



Springbank  **Cheese Co.**

BEYOND THE BLOCK



VISIT US FOR AMAZING CHEESE, EXPERT PAIRINGS,
CUSTOM BOARDS & UNFORGETTABLE GIFTS!

Aspen Landing | 403.272.8033

THE ROCKET

On October 19, 1957, hockey history was made. Montreal Canadiens star Maurice "Rocket" Richard became the first player in NHL history to score 500 goals. He reached the milestone on home turf at the Montreal Forum, cementing his legacy as one of hockey's greatest legends.



EVENTS

Thanksgiving Flower Basket Workshop - October 9

Join us for a cozy, creative class making your own fall flower basket. Register by October 6; bring a friend and get a 10% discount.

Workshop to start at 6:30 pm in the Founders Room.

For more information, visit www.scacalgary.ca.

SCA CA The Great Pumpkin Carnival - October 24

Step right up to The Great Pumpkin Carnival, a festive night of carnival games and activities for the whole family. There will be prizes and of course candy! Food trucks will be available on site and members receive a free hotdog and pop for the first 150 guests. Everyone is encouraged to come dressed in their favourite Halloween costume to be part of the fun! All children must be accompanied by an adult.

This event is open to SCA Members and their families. www.scacalgary.ca.

If you are willing to help, please volunteer here: <https://scacalgary.getcommunal.com/volunteer-opportunities/1238>.

SCA CA Free Class Fridays in November

Save the date. More information to follow.

SCA CA Moonlight Serenade Seniors Dance - November 28

7:00 to 10:00 pm. Doors open at 6:30 pm.

Join us for Moonlight Serenade Seniors dance featuring the smooth, nostalgic sounds of Calgary's own Silence In B'tween. Their repertoire is impressively diverse: expect everything from Swing, Foxtrots, Rumbas, Tango, Polkas, Waltzes, Cha Chas, Two Step, and contemporary

dance styles, all crafted to get the crowd involved and moving.

Light snacks (pretzels, chips), coffee, and cash bar available through the evening.

Whether you're dancing, chatting, or just soaking in the music, it's a relaxed, memorable night focused on connection and the moments in between.

SCA CA member price: \$5 (two ticket limit). Register online: https://scacalgary.getcommunal.com/parent_programs/2291.

Non-members price: \$30. Visit here to begin your purchase/renewal: <https://scacalgary.getcommunal.com/memberships>.

If you do not wish to register or purchase online, please visit the SCA office during office hours Monday to Friday, 10:00 am to 1:00 pm.

SCA CA Christmas Craft Fair - December 6

Save the date. More information to follow.



Services

Plumbing & Drain Cleaning
Heating & Gasfitting
Inspections
Tank Replacement
Sewer Camera Inspections

RITCHIE'S
Plumbing & Heating

24 HOUR EMERGENCY SERVICE tel. 587 392 6486





LEN T WONG + ASSOCIATES





ASPEN WOODS COMMUNITY REAL ESTATE ACTIVITY

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our
Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program*

Trade Up Program*

Blanket Home Warranty Program*

Accepting Crypto Currency

Call us to help you navigate through
the changing real estate world

Call or Text 403-606-8888

Email len@lenthwong.com

*Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	25	18	13	\$549,900	\$550,000
July	25	22	12	\$717,450	\$705,000
June	25	19	10	\$1,274,450	\$1,304,250
May	25	24	18	\$1,236,500	\$1,182,500
April	25	16	11	\$548,800	\$568,000
March	25	17	13	\$570,000	\$560,000
February	25	11	5	\$579,900	\$550,000
January	25	14	11	\$618,800	\$614,000
December	24	4	10	\$566,500	\$551,000
November	24	9	13	\$579,900	\$552,000
October	24	17	19	\$1,120,000	\$1,090,000
September	24	15	11	\$1,289,900	\$1,190,000

To view more detailed information that comprise the above
MLS averages please visit asp.mycalgary.com

\$20 Annual Family Membership

SCA membership fees are only \$20 per family to encourage as many residents as possible to enjoy the benefits of community membership:

- Summer access to the SCA CA tennis courts in Strathcona and Christie
- Winter access to the SCA CA ice rink and skating pond
- Free admission to special events and activities
- Ability to register with many sports organizations that require community memberships
- Satisfaction of supporting and belonging to our great community
- Email updates and information about upcoming events (optional)

SCA members enjoy discounts at community retailers through our Perks Program.

Simply print out the card that comes with your membership and show this card to local retailers to enjoy discounts on products/services. Visit our website for more information: www.scacalgary.ca.

If you do not wish to register online, please visit the SCA office to purchase a membership during office hours.

Rink Volunteers Welcome

Join our great group of rink volunteers and lend a hand maintaining the ice this winter. Give as much or little time as you can. Many hands make light work! If you can help, please register at <https://scacalgary.getcommunal.com/volunteer-opportunities/1317>.

Join Our Walking Group

Walks take place every Tuesday at 10:00 am.

Meet outside the gazebo beside Sobeys. Dogs and strollers are welcome. Please register at www.scacalgary.ca or by calling our office at 403-249-1138 so we can share information on routes. No membership is required to take part.



SCA 2025 Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
A Child's Garden: Morning and Afternoon Pre-school Programs (3 to 4 years old) Seedlings Spanish Preschool: Morning and Afternoon Pre-school Programs (2 1/2 to 5 years old) KidZinc before and after school care Grades 1 to 6						
Jazzercise, 9:30 am	Ignite Yoga, 7:00 am	Yin Gentle to Flow Yoga, 7:00 am	Adult Art, 10:00 am	Jazzercise, 9:30 am	PRIVATE RENTALS	Pathfinders, 6:30 pm
Older Adult Yoga, 12:00 pm, 1:15 pm	Zumbini, Main hall, 9:30 to 10:30 am	Jazzercise, 9:30 am	Gentle but Strong Yoga, 12:00 pm	Sit Fit Yoga, 11:00 am		
Tai Chi, 1:30 pm, 2:45 pm	Adult Art, 1:00 pm	Older Adult Yoga, 10:00 am	Goga Play, 3:30 pm	Bridge, 12:30 pm		
Level Up Learning, 5:30 pm	Kings Dance, 4:30 pm	Tai Chi, 11:00 am	Zumba Fitness, 5:15 to 6:15 pm	Older Adult Dance, 1:00 pm		
CYP Theatre, 5:30 pm	Level Up Learning, 5:30 pm	SCA Line Dance, from 1:00 pm	CYP Theatre, from 5:30 pm			
Sparks, 6:30 pm	Chinook Country Line Dancers, 6:00 pm	Level Up Learning, 5:30 pm	Scouts, 6:15 pm			
Rangers/Pathfinders, 6:30 pm	CYP Theatre, 6:30 pm	Karate, from 6:30 pm				
Karate, 6:30 pm	From our Roots, 6:30 pm	Pathfinders, 6:30 pm				
Toastmasters, 7:30 pm		Numbers in Bloom 6:00 to 8:00 pm				
		Flow Yoga, 7:30 pm				

SCA PROGRAMS



Pre-Schools and School Age Care

A Child's Garden Preschool Ltd.

Ages 3 to 5

Two, three, and five day programs.

Contact Marilyn at 403-217-5658 or visit www.achildsgarden.ca.

KidZinc School Age Care

Ages 5 to 12

Before and after school care.

Contact 403-240-2059 or visit www.calgarykidzinc.ca.

Seedlings Spanish Preschool

Ages 2 ½ to 6

Half or full day.

Contact Judith at 403-210-0604 or visit www.seedlingspreschool.ca.

Children's Programs

Calgary Young People's Theatre

Mondays at 5:30 pm, Tuesdays at 6:30 pm, Thursdays at 5:00, 6:30, and 7:00 pm

Visit www.cypt.ca.

Child Safe - Babysitter Program

Ages 10+

10:00 am to 5:00 pm

Parented: No

Cost: \$67.95 +GST. What to Bring: doll/teddy bear (build-a-bear size!), water bottle, peanut-free lunch, and pen/pencil.

To register or for more information: childsafecanada.com.

New! From Our Roots

Tuesdays, 6:30 to 7:30 pm.

From Our Roots, We Rise. An invitation to grow, play, and build community (ages 8 to 11). Find your power through joyful movement, breath, playful expression,

and art. This six-week program starts October 21 and each week focuses on a theme: connection, rhythm, growth, courage, emotion, and acceptance. Led by Amanda, former teacher, currently supporting students at MRU.

Contact Instagram: @from.our.roots.yyc. Email: amandawilson197@gmail.com.

Girl Guides

Sunset Hills Guiding needs Spark, Embers, and Guide Leaders!

Classes for Sparks, Pathfinders, and Rangers. any-calgarysunsethills@girlguides.ca.

New! Girls That Math

This ain't your average tutoring program. Girls That Math is a small group math program. Yep, for girls! It is led by Erin, a certified math teacher with over a decade of teaching experience. This program builds skills and confidence in a hands-on supportive environment.

Wednesdays.

Grades 5 to 6 – 6:00 to 7:00 pm

Grades 7 to 8 – 7:00 to 8:00 pm

For more information, visit www.scacalgary.ca. Email: erin@numbersinbloom.com.

New! Goga Play Kids

Program for ages 3 to 5. Thursdays, 3:30 pm.

One of a kind visual storytelling with puppets and many uniquely designed props where your child participates throughout! Also included, yoga inspired dance segment and arts and crafts tailored to the stories.

Go to Gogatoys.com for more information and to register.

Karate Classes

Mondays at 6:30 pm (Parent and child, ages 7+)

Wednesdays at 6:30 pm (Ages 7 to 12)

Wednesdays at 7:30 pm (Adult beginner, ages 13+)

Contact Jeffrey Jukes at 403-228-5039.



New! Kings Dance – Kids Hip Hop

Welcome! Are you looking for dance classes that focus on having fun, learning to move your body, and making new friends in the community? Then you are in the right place!

Hip Hop (Ages 12 to 15) on Tuesdays from 7:30 to 8:30 pm with Miss Vanessa King.

Register: <https://www.kingdancinginc.com/classes-registration>.

New! Level Up Learning Tutoring

At Level Up Learning, we are dedicated to enabling students to reach their academic goals. Beginning in September of 2025, we will be offering drop-in tutoring for math and science courses for students in grades 9 to 12. It's a great place for students to get help with concepts and get their homework done in a supportive environment. Tutors will be available to give students immediate support as they work through their assignments or study for upcoming assessments. The tutoring centre will be located at SCA and will be open Monday, Tuesday, and Wednesday from 5:30 to 8:30 pm.

More information at <https://www.level-uplearning.com>.

New! Zumbini

Program for ages 0 to 3. Tuesdays, 9:30 am.

The ultimate bonding experience for ages 0 to 3 and their caregivers. Music and Movement, upbeat sing-alongs, rhythmic instruments, scarf play interactive dance tunes, and more!

More information at www.gogatoys.com.

Scouts

Thursdays, 6:15 pm

Email strathcona215gc@gmail.com or visit www.scouts.ca.

Adult Programs

Adult Art

Discover your creative self! If you have ever wanted to learn how to paint in either watercolour or acrylics or

hone the skills you might already have, consider joining our classes! Your experienced instructor will guide you as you discover how fun and rewarding it can be to express yourself on paper or canvas. All levels welcome.

Watercolours – Tuesdays, September 16 to November 25 from 1:00 to 3:30 pm (No class on Remembrance Day November 11).

Acrylics – Thursdays, September 18 to November 20 from 10:00 am to 12:30 pm.

Ten weeks - \$165 + GST

Contact your instructor Karin Richter to register for this class at karinrichter@shaw.ca.

Chair Yoga (Beginner and Intermediate)

Chair yoga offers a gentle yet effective way for people of all ages and abilities to experience the benefits of yoga in a safe and supportive environment. Benefits of yoga include improved flexibility, strength, posture, reduced stress levels, better concentration, and a greater sense of overall well-being. Offered both in-person and online through Zoom.

Chair Yoga (Seated Only) – Mondays, September 8 to December 15 from 12:00 to 1:00 pm (No class October 13).

Chair Yoga (Beginner/Intermediate) – Mondays, September 8 to December 15 from 1:15 to 2:15 pm (No class October 13).

Chair Yoga (Intermediate +) – Wednesdays, September 12 to December 12 from 10:00 to 11:00 am.

Registered for 14 weeks: \$112. Drop-in is available for \$10 per class. Contact Sherry at sherrynormanyoga@gmail.com or phone 403-542-0761.

Chinook Country Line Dance

Join our wonderful "Dance for Fun" Program as we take you on a beautiful journey learning how to dance. This activity slows down aging and sharpens our cognitive

continued on next page

SCA PROGRAMS - CONTINUED



skills. Come and be a part of an incredible community and meet a happy dancing family of friends. We offer one of the best programs for Adult Dance Classes.

Phone: 403-988-0973

Gentle but Strong Yoga

Thursdays, 12:00 to 1:15 pm

Yoga-detoxifying, Inspiring, and Restorative. Gentle Hatha poses focusing on breath work for everyone. We also do Myofascial release for range of motion and healthy bodies.

Contact mjgerlitz@gmail.com.

New! Gentle Vinyasa Flow Yoga

Gentle Vinyasa Flow Yoga Class (50 minutes) lead by Dayna Steranka (Certified Yoga Instructor). Suitable for all levels – beginners welcome.

Wednesdays at 7:30 pm. \$10 drop-in.

Message 403-771-8951 to join. Bring a mat and water bottle.

Breathe. Move. Restore.

Jazzercise

Monday, Wednesday, Friday from 9:30 to 10:30 am.

A high-energy, low-impact version of the classic dance-based class format. Bring a mat for the floor work, weights are provided.

Passes are \$75 per month, \$20 drop-in, or \$150 for a ten-class pass.

Mention this ad for one free class.

For more information, contact Maureen at jazzstrathcona@gmail.com or 403-461-7694.

Jazzercise has been offered at the Strathcona Community Centre for the last four decades.

Karate Classes

Mondays, 6:30 pm (Parent and child 7+ years)

Wednesdays, 6:30 pm (7 to 12 years)

Wednesdays, 7:30 pm (Adult beginner, 13+)

The Karate Club offers classes for all age groups. The club is a member of Karate Canada, the official governing body of karate, with member clubs across Canada.

Contact Jeffrey Jukes at 403-228-5039.

New! King Dancing Inc. (Dance Studio)

Dance is meant to be fun! King Dancing Inc. is offering:

Hip Hop for Seniors from 4:30 to 5:30 pm on Tuesdays with Mr. Philip King.

Feminine Jazz for Adults from 5:30 to 6:30 pm on Tuesdays with Miss Vanessa King.

Register through our website: www.kingdancinginc.com.

SitFit + Yoga (Sherry) – Fall Classes

A full body workout that combines weights and resistance training within the mindfulness of yoga. Ideal for anyone who needs the comfort and/or safety of seated exercise (standing is optional). The class is held in the main hall of the Strathcona Community Centre as well as streamed online.

September 12 to December 12.

Fridays, 11:00 am to 12:00 pm.

Registered for 14 weeks \$112. Drop-in: \$10.

Contact Sherry: sherrynormanyoga@gmail.com.

Toastmasters

Mondays, 7:30 pm

Toastmasters helps you to improve your public speaking. We offer both online and in-person meetings. For more information, please contact us at 403-470-2005. Visit www.westhillstoastmasters.easy-speak.org.

Yin to Gentle Flow Yoga

Wednesdays, October 1 to November 26 from 7:00 to 8:00 am.

Join me in the Founders Room Wednesday mornings for this Yin to Gentle Flow Yoga class. The class will begin with some yin style longer held poses to awaken the body and invite flexibility. We will slowly build into a



gentle flow (Hatha) style class to invigorate you for the day. To close the practice, we will rest in savasana allowing this new place of ease and balance to integrate into the body and mind. This class is suitable for all levels.

Registered for nine weeks: \$120. Drop-in: \$18 per class.

Contact Sue Fiedosiewich at vishnasue@shaw.ca.

Zumba Fitness

Are you ready to dance your way to fitness? Join me for a fun-filled Zumba class on Thursday evenings, where we'll groove to energetic music, burn calories, and have an amazing time! Everyone is welcome! Let's move, laugh, and stay healthy together! Thursdays at 5:15 pm. For more information contact Andrea at 403-816-6897.

SCA Fall Programs

www.scacalgary.ca

Registration began July 15

Line Dancing (Mary and Peggy)

Ten weeks - \$95 + \$4.75 GST = \$99.75 (BOGO \$47.50 + GST \$2.38 = \$49.88) Discount of \$47.50

Wednesdays, September 24 to November 26

#1: Beginner (Level 1) 3:00 to 4:00pm

#2: Beginner Plus (Level 1+ / 2) 2:00 to 3:00 pm

#3: Improver (Level 2/3) 1:00 to 2:00 pm

#4: Intermediate (Level 4) 2:00 to 3:00 pm

#5: Advance (Level 5/6) 1:00 to 2:00 pm

*BOGO Half Off Sale must call the office at 403-249-1138

Line Dancing Drop-in (Peggy)

\$5 Drop-in Fee – Must have community membership

Fridays, September 19 to December 12 from 1:30 to 2:30 pm

Tai Chi (Adrian Buzcek)

Twelve Classes - \$102 + \$5.10 = \$107.10

Continuing 1 and Basics – Mondays, September 15 to December 15 from 1:30 to 2:30 pm (No class October 13 or 20).

Basics – Mondays, September 15 to December 15 from 2:45 to 3:45 pm (No class October 13 or 20).

Continuing 2 – Wednesdays, September 24 to December 10 from 11:00 am to 12:00 pm.



BRAIN GAMES

SUDOKU

6								
			1				8	9
	7			6				
				9	1	3		
		4	3				1	
			4					6
		1		4	8			
	2					1		3
		9	6					

SCAN THE QR CODE FOR THE SOLUTION

PHOTO GALLERY

by Nyckie Rea



*There is no dark
side to the moon.*



*Patience is bitter,
but its fruit is
sweet.*

the Gutter Doctor®
Home Exterior Services

GUTTER CLEAN, FIX & INSTALL
FASCIA • SOFFIT • ROOFING
GUTTER GUARDS • WINDOW CLEAN
SIDING • CLADDING • HEAT CABLES

403-714-0711 • gutterdoctor.ca

**Unlock
Your Dream
Home Now!**

Low Rates,
Fast Approval,
Big Savings!
Don't Wait – Act Today!

**ANITA
RUSSELL** **403-771-8771**
anita@anitamortgage.ca

Licensed by Avenue Financial

**Couples, Individual,
Child & Teen Therapy**

Therapy rooted in what matters most: connection
We believe connection is the heart of health and wellbeing. Whether it's the connection with yourself, your partner, your children, or your family. "When we feel connected, we heal, grow, and thrive."

- Couples Therapy
- Individual Counselling
- Co-Parenting
- Child & Teen Therapy
- Grief and Loss Support

www.relationshipwellnessclinic.com

Salmon and Broccoli Rice Bowl

by Jennifer Puri

Raw or cooked, broccoli is a nutrient-rich vegetable packed with vitamins, minerals, and fibre.

Steaming or roasting tends to preserve the most nutrients and flavour, but raw broccoli is also a great option when paired with dips or in salads.

Cooking broccoli can soften the tough fibres making it easier to chew and digest. Nutrient-rich and low in fat, broccoli can be a healthy, low-calorie snack.

When purchasing broccoli, choose bright green broccoli with crisp, dark green leaves and tightly closed buds. Store in the refrigerator and wash only when you plan to use it.

Create your own stir-fry sauce or use a store-bought one as shown in this simple and easy to prepare salmon and broccoli rice bowl recipe below.

Prep Time: 15 minutes

Cook Time: 20 minutes

Servings: 2

Ingredients:

- 2 fillets of Salmon (4 oz. each)
- ¼ tsp. pepper
- ½ tsp. salt
- 1 tbsp. olive oil
- 2 tsp. black sesame seeds
- 1 crown of broccoli sliced
- ½ cup store-bought stir-fry sauce
- ½ tsp. crushed garlic
- ½ tsp. crushed ginger
- 1 tbsp. sesame seed oil
- 2 cups cooked white, brown, or black rice
- ½ avocado sliced

Directions:

1. Preheat oven to 400 degrees Fahrenheit.
2. Place salmon fillets on a foil lined baking sheet. Drizzle the olive oil on the fillets, sprinkle the salt and pepper, and then bake on the middle rack of the oven for 18 minutes or until salmon is cooked through. Remove salmon from oven, sprinkle with black sesame seeds,



and cut into small chunks.

3. Heat 1 tbsp. of sesame seed oil in a skillet, add the broccoli florets, and sauté on medium heat for 3 to 4 minutes.
4. Next add the garlic, ginger, and stir-fry sauce and continue to sauté until broccoli is tender.
5. To serve, divide the rice into two bowls and top with salmon pieces, broccoli, sliced avocado, and lemon wedges. Spoon additional stir-fry sauce on the broccoli if desired.

Bon Appétit!

VOTE

JOHN PANTAZOPOULOS

FOR WARD 6

**BUSINESS
LEADER.
COMMUNITY
BUILDER.**

JOHN4WARD6.CA

AUTHORIZED BY THE CAMPAIGN TO ELECT JOHN PANTAZOPOULOS.



IS YOUR DAUGHTER STRUGGLING IN MATH?



Let's change that.

GIRLS THAT MATH

IN JUST 10 WEEKS SHE'LL SEE HER CONFIDENCE GROW IN MATH... AND EVERYWHERE ELSE TOO!

Strathcona + Chinook Park (Grades 5-8) → **ONLY 8 SPOTS!**

ENROLL TODAY:

 www.numbersinbloom.com
 erin@numbersinbloom.com

KWAJA CONSTRUCTION
Building Beyond Expectations

LOOKING TO UPGRADE OR PROTECT YOUR HOME?

Kwaja Construction is your one-stop shop for basement development, home renovations, and waterproofing services. We're fully licensed, experienced, and proud to offer reliable workmanship at fair prices.

- Construction & Renovation Services
- Basement development and legal suites
- Flooring, tiling, and painting
- Drywall repairs and framing
- Door, trim, and baseboard installation
- Window replacement
- Deck repair and new deck construction
- Fencing

GET A FREE INSPECTION TODAY

Contact us **780-707-9535**

Kwajaconstruction.ca
Kwajawaterproofing.ca



WREATHS THAT DO GOOD.

Looks good on your door. Does good in your community.

 Support CUPS' Community Health Centre by purchasing a wreath this holiday season and help create brighter futures for vulnerable Calgarians.

www.cupswreaths.com

66% of Canadian families have yet to discuss their final wishes*

Have the talk. Then make your final arrangements together with the comfort of knowing you've protected each other from uncertainty.

Get started today with a FREE Planning Kit: 403-217-3700

 **Eden Brook Funeral Home & Cemetery**
 by Arbor Memorial
 24223 Township Road 242, Calgary, AB • 403-217-3700 • edenbrookcemetery.ca



* Research conducted by Willful and Arbor Memorial Inc. in a 2020 survey.

Arbor Memorial Inc.

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our Innovative Consumer Programs



LEN T WONG + ASSOCIATES

RE/MAX
COMPLETE REALTY



Call or Text 📞 403-606-8888 ✉️ len@lentwong.com 🌐 www.homes-calgary.ca 🌐 calgaryluxuryhomesearch.com

*Terms and Conditions apply.

STRATHCONA PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	25	14	6	\$937,250	\$909,000
July	25	8	9	\$939,900	\$938,800
June	25	12	12	\$844,500	\$828,000
May	25	14	12	\$912,400	\$928,750
April	25	25	15	\$725,000	\$715,000
March	25	4	7	\$850,000	\$835,000
February	25	5	3	\$624,900	\$575,000
January	25	4	3	\$999,000	\$1,100,000
December	24	5	5	\$629,000	\$639,000
November	24	3	2	\$839,950	\$824,625
October	24	10	9	\$767,500	\$767,500
September	24	9	7	\$918,000	\$1,068,000

To view more detailed information that comprise the above
MLS averages please visit str.mycalgary.com

CHRISTIE PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	25	1	4	\$1,014,950	\$982,750
July	25	8	1	\$439,900	\$435,000
June	25	4	3	\$925,000	\$925,000
May	25	3	6	\$475,000	\$466,500
April	25	6	2	\$974,900	\$1,012,500
March	25	4	4	\$1,000,000	\$990,000
February	25	3	1	\$449,900	\$462,000
January	25	0	1	\$778,000	\$770,000
December	24	1	0	\$0	\$0
November	24	0	2	\$669,500	\$640,000
October	24	1	2	\$973,950	\$995,000
September	24	3	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit chr.mycalgary.com

The State of Public Education in Alberta

by Brit Hart, Public School Board Trustee Candidate

Students in public schools across Alberta, including the CBE, face a potential teacher strike and here's what you need to know:

The vast majority of teachers in Alberta (95%) have set forward a motion to strike in the fall. The Alberta Teachers Association has requested wage increases and support to address overcrowded classrooms.

If a strike happens the Alberta Teacher's Association must provide 72 hours notice before initiating job action.

The government's education budget released this year saw an overall spending increase of 4.5% while within this, private school funding increased by 13%.

Alberta spends nearly \$1 billion of public funds on private education each year, the highest in Canada.

Alberta public schools have the highest enrollment rate in the country, expecting to see 33,000 new students this year. 66.3% of these students are in public school, 23.1% separate, 5.3% private, 1.4% charter.

Alberta public school students receive the lowest funding in Canada, \$11,464 compared to the national average of \$13,692 according to Stats Canada.

Despite providing the lowest per student funding in the country, Alberta students rank second globally for science and literacy and seventh in math according to the Programme for International Student Assessment (PISA).

Our teachers continue to do more with less each year. In 2012 Alberta was ranked third for student funding in Canada and in the last 12 years we have dropped to the bottom. While we continue to see the overall rate in which we invest in education decrease, our public school teachers continue to deliver students that rank among the highest globally in academics.

What our educators are asking for is a fair wage increase, more classroom supports, and a plan to reduce classroom sizes. The initial offer from the province included a 12 percent general wage increase and improved benefits



and \$405 million in classroom improvements. Note that there are 1,576 public schools currently in Alberta and this number does not account for projected builds. Classroom improvements can include items like salaries for custodians, building repairs and maintenance, and capital infrastructure costs.

While Alberta teachers are recognized to have some of the highest salaries in the country, their compensation (based on number of students per classroom) is ranked tenth, \$1,600 per student below the national average.

Below is a table outlining recommended classroom sizes vs actual classroom sizes in Alberta, provided by the Alberta Commission on Learning.

	Recommended	Actual 2023/24	Max Size 2023/34
K-3	17	22.5	37
4-6	23	23.4	42
7-9	25	26.3	46
High School	27	28.3	56

If you want more information, the CBE has a Labour Action page to help parents navigate the 2025/26 school year. If you have questions or want to support public education in Alberta it is encouraged that you write to your local MLA as well as the Minister of Education, Demitrios Nicolaides and the Shadow Minister for Education, Amanda Chapman.

Halloween Safety

by Alberta Health Services



As a member of Calgary's Child Magazine Partners for Safety initiative, AHS EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.
- Advise children not to eat anything until they return

home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.



DUNCAN LAW

**Impeccable
Legal Advice.**

- Personal Injury
- Real Estate
- Wills & Estates
- Family Law



📍 Conveniently located in Aspen Landing
Phone: 403.300.0870 | DuncanLawYYC.ca



Jackson & Jackson Landscaping

CUSTOMER SATISFACTION GUARANTEED

- Residential Landscaping
- Landscape Construction
- Year-Round Maintenance
- Spring and Fall Cleanup
- Commercial and Condo
Property Management
- Snow and Ice Removal

Address
20 Sunvale Place SE, Calgary, AB T2X 2R8

Call us now
(403) 256-9282

Email us
info@jacksonjackson.ca
contact@jacksonjackson.ca

www.jacksonjackson.ca



JOANNE BIRCE

WARD 6

BUSINESS SMARTS COMMUNITY HEART

- ☑ Tax dollars focused on essential services that residents need
- ☑ Affordability: lower taxes, increased efficiency, identify waste
- ☑ Listen to residents and respond
- ☑ Prioritize economic growth

Mark Your Calendar to Vote!

- ➔ **Advance Voting:** Oct 6-11
- ➔ **Election Day:** Oct 20
- ➔ **Location and Times to Vote:** visit ElectionsCalgary.ca
- ➔ Save time when voting by checking the registered voter list in advance: ElectionsCalgary.ca



Meet Joanne!
Scan here or visit website for video and info.

JoanneBirce.ca

Phone:
403-476-1380

Email: info@JoanneBirce.ca



COMMITTED TO HIGHER STANDARDS

Authorized by the chief official agent for the Joanne Birce campaign



MLA Calgary - West

Mike Ellis

234 – 333 Aspen Glen Landing SW
Calgary, AB T3H 0N6

📞 403.216.5439

✉ calgary.west@assembly.ab.ca

Recently, a new recovery community opened in Calgary. This new facility provides holistic, long-term treatment for individuals pursuing recovery from addiction. It adds 74 beds and will help up to 300 Albertans each year. Calgary is the fourth of 11 recovery communities to open, with other communities operating in Lethbridge, Red Deer, and Gunn. All 11 communities, which include five in partnership with Indigenous communities, are expected to be complete by 2027. These recovery communities are giving people struggling with addiction a real chance to rebuild their lives and reconnect with family.

Alberta is facing growing financial challenges as global economic uncertainty affects Q1 projections. The first quarter update projects the 2025-26 deficit will reach \$6.5 billion, up \$1.3 billion from Budget 2025's forecast. The most significant factor in the deficit growth is related to a 38 percent decline of natural resource revenue, which has decreased from its peak of \$25.2 billion in 2022-23 to a forecast of \$15.7 billion in 2025-26.

Alberta is also facing added pressure from a growing population, projected to increase 2.4 percent in 2025-26. Other external factors including lower oil prices, tariff threats, and slowing global growth, impact the province's bottom line. Despite these challenges, Alberta remains committed to prioritizing essential services such as health care and education, while keeping everyday costs like childcare, utilities, and housing affordable for families.

The province continues to engage with federal partners to ensure Alberta's fiscal interests are protected, key industries are supported, and critical infrastructure is built. Despite external shocks, Alberta's economy remains resilient. Its real GDP is forecast to lead Canada, and the private sector continues to perform strongly with investment, construction, and labour market activity supporting stability.

Alberta's government is working on a broader strategy to further diversify the economy, reduce vulnerability to oil price swings and trade disruptions, and build a stronger, more resilient Alberta.

Happy Thanksgiving!

For business classified ad rates contact

Great News Media

at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Strathcona, Aspen Woods, and Christie Park. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

ASPEN WOODS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita Russell at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

THE SNOW RETRIEVERS: Autumn leaves are falling, and winter is near. Stay worry free - let us handle fall clean-up and keep snow cleared all winter. Packages start at \$149/month. Sign up today and get \$50 OFF! Call 587-200-7985 or visit thesnowretrievers.ca. Buy back your time and enjoy what matters most.

BUSINESS CLASSIFIEDS

PAINTER SERVICING ASPEN WOODS | STRATHCONA

| CHRISTIE: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

ACUMEN APPLIANCE REPAIR: Locally based company. Home appliances repair and installation, lint vent cleaning. All kinds and makes: stoves/ovens/ranges, fridges, freezers, washers/dryers, dishwashers, microwaves, trash compactors. Flexible hours, evening and weekend visits are available. Discounts for senior customers. Call at 587-997-4824 or e-mail acumenappliance@gmail.com.

BIG SKY VENTURES: Terry Raabis, Certified Master Electrician with over 50 years' electrical experience ~ home renovations, house re-wiring, troubleshooting, smoke and carbon monoxide detectors, breaker panel upgrades, fans, cooktops, range hood installs and much more! Fully licensed and insured. No charge on-site consultations. Customer satisfaction guaranteed. Call Terry at 587-228-9371 or email bigskyventures@shaw.ca.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

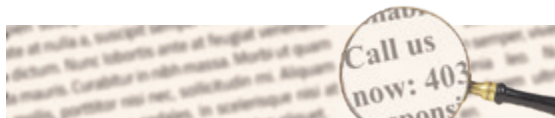
GUTTER DOCTOR! Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

PERFECTION PRUNING: Have you been noticing that your trees and shrubs are in need of some care and attention? We can help make your yard look beautiful again! Experienced arborist with excellent climbing, pruning and removal skills. Free quotes and 100% satisfaction guaranteed! Call or text Caleb at 403-660-7475. www.perfectionpruning.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and live-streamed). Mid-week service on Wednesdays at 2:00 pm. ESL conversation cafe on Tuesdays at 9:30 am. Sandwich making for Alpha House on Wednesdays at 1:00 pm.

MASTER ELECTRICIAN AND HOME HANDYMAN: Professional, quality electrical installations and home handyman repairs. Specializing in residential and commercial electrical installations and repairs, as well as handyman household repairs, renovations large or small. Very competitive rates for insured, quality work. Give me a call for a free quote! Contact Robin at 587-664-6961 or porterrobin@msn.com.



**Elect
Trent WILL**

for Calgary Catholic School District
Trustee • Wards 6 and 8

Let's craft policies that
prepare students for
our modern world.

TrusteeTrent@gmail.com

VOTE INAM TEJA ON OCTOBER 20



Served as Vice President of Coach Hill
Patterson Heights Community Association



Oxford graduate, finance executive, and
policy leader at Calgary Drop-In Centre



Nail the basics: fix roads, upkeep water
infrastructure, and preserve parks



See the full plan at
inamteja.ca



PUMPKIN PIE PERFECTION!

*Real pumpkin, cozy spices, and our signature flaky, all butter crust.
Pure flavour — no additives, no preservatives.*



ORDER EARLY!

403.452.3960 | piejunkie.ca

SPRUCE CLIFF / WILDWOOD: 8 SPRUCE CENTER SW

WEST DISTRICT: 8234 BROADCAST AVENUE SW

CITYWIDE DELIVERY | OPEN 10AM TO 7PM EVERY DAY



FREE TIRE STORAGE



**WITH THE PURCHASE OF ANY SET OF TIRES
BUY A SET OF TIRES AND RECEIVE ONE SEASON OF TIRE
STORAGE ABSOLUTELY FREE. A \$149 VALUE.**

WE WILL NOT BE UNDERSOLD ON TIRES!

**EXCLUSIVELY FROM
WESTERN CANADA'S LARGEST VW RETAILER**



**TAZA PARK
Volkswagen**



*AMVIC LICENSEE. OFFERS EXCLUDE GST. TIRE PRICE GUARANTEE REQUIRES WRITTEN QUOTE FROM LOCAL, ACCREDITED TIRE RETAILER WITHIN 7 DAYS OF QUOTATION. APPOINTMENT SCHEDULING SUBJECT TO CURRENT SHOP CONDITIONS/STAFFING AT TIME OF BOOKING. SEE DEALER FOR FULL DETAILS. OFFERS END 11/30/25.

**COMMUNITY
SPECIAL!**

20% OFF

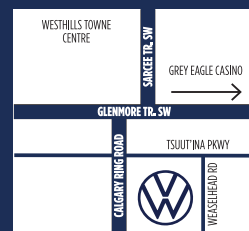
**ALL SERVICES
ALL MAKES
ALL MODELS!**

ENJOY STATE OF THE
ART SERVICE FROM OUR
FACTORY TRAINED TECHS
AND SAVE 20% ON ALL
PARTS AND LABOUR.

**BOOK TODAY.
NO WAITING!***

WE CAN USUALLY GET YOU
AN APPOINTMENT WITHIN
THE SAME WEEK. EVEN
THE SAME DAY!

MINUTES AWAY!



**TAZA PARK
Volkswagen**

**5909 WEASELHEAD ROAD
403.300.0900**

www.TAZAPARKVW.com

David.

I ❤️ THE WESTSIDE

Share The ❤️

From hidden gems to must have moments, share the favourite things about your neighbourhood with your Westside community.

Follow on Facebook and let David know what you love about your Westside community.



Friend
Neighbour
Realtor®
David Pellettier

403-869-7971 | david@davidpellettier.ca | davidpellettier.ca

