

JANUARY 2026

DELIVERED MONTHLY TO 7,800 HOUSEHOLDS

The Gazette

THE OFFICIAL STRATHCONA, CHRISTIE & ASPEN COMMUNITY NEWSLETTER



FREE CLASS FRIDAYS IN JANUARY



Cover Photo by Nyckie Rea

David knows the Westside.

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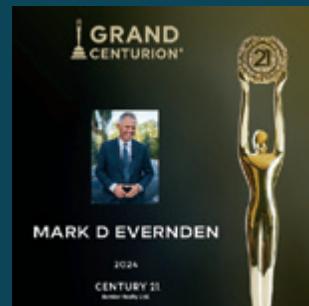
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(Source of data from Century 21 System)



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SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. **Reg: \$17,679**

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. **Reg: \$20,679**

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MESSAGE FROM THE BOARD

As the lights come down, the decorations are packed away, and the last of the leftovers disappear from our fridges, we officially bid farewell to 2025 and usher in 2026. 2025 was a year full of changes, growth, and most importantly our incredible community spirit. From wonderful events to those quiet moments of neighbours helping neighbours, the SCA and our staff say to you, thank you for being part of what makes our communities special and forming our foundation and DNA for many years ahead.

If January feels a little slower paced, you're not alone and that's perfectly okay. The "holiday hangover" is something many of us experience after weeks filled with gatherings, gift-giving, late nights, and jam-packed schedules. It's normal to feel an energy dip, to notice lighter wallets, and to struggle with motivation as we transition back to normal routine. Just remember you don't need to sprint into the new year. Let's focus on recharging our energy, resetting routines, refocusing on what matters most, and above all taking small, meaningful steps forward.

As many of us have set personal goals around health, finances, family time, career growth, or simply finding better balance to life. Did you know it takes about 21 days to build a habit? The first week feels exciting. The second week feels challenging. The third week is where change truly begins. Remember to encourage each other and don't let failure overtake determination.

January generally brings colder days and longer nights. Let's continue to look out for our neighbours whether it's checking in on seniors, offering a hand with snow removal, or simply sharing a friendly wave. Small gestures make a big difference after the "holiday hangovers".

The new year invites us to start fresh and look ahead with optimism. In 2026, we're excited to introduce new programs, new ideas, and new opportunities for everyone in our community. If you've ever considered getting involved, this is your moment whether it's volunteering at an event, sharing an idea for a new program, or simply meeting more neighbours, 2026 is your year to get connected. Reach out to us at info@scacalgary.ca or visit our refreshed website at www.scacalgary.ca and see how you can be more informed and engaged!

From the staff and Board of Directors at the SCA CA, we thank you for your community spirit throughout 2025. We wish you and your families a peaceful January, a healthy start to the year, and a purposeful 2026.

Warm regards,

SCA CA Board of Directors

Calendar

DATE	TIME	EVENT
January 21	7:00 pm	SCA CA Board Meeting
February 13	7:00 pm	Bloom and Brush Paint Night
February 18	7:00 pm	SCA CA Board Meeting
March 13	6:30 pm	Moonlight Serenade Dance
March 18	7:00 pm	SCA CA Board Meeting

Please Note: Community Association members are welcome to attend SCA board meetings by appointment. Contact info@scacalgary.ca.

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Joke of the Month



What kind of cow wears a crown?
A dairy queen

Monthly Notices

SkipTheDepot and Donate to the SCA

We have partnered with SkipTheDepot to allow you to donate the money from your recyclables to the SCA.

It's easy! Just follow these steps:

1. Download the app or register online
2. Enter your home address and pick a date
3. Cash out or donate to charity

SkipTheDepot will count your bags and credit your account within 48 hours after pickup. Funds will be donated to the SCA! Sign up at: <https://app.skipthedepot.com/scacalgary>.

Add Your Name to Our Babysitter Listing

Check out our listings at www.scacalgary.ca under Community Directory. If you would like to add your name to our list, email your name, age, community, and phone number to info@scacalgary.ca.

E-Newsletter

Want to receive our monthly e-newsletter? Send your email address to info@scacalgary.ca.

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EVENTS

SCA CA Free Class Fridays in January!

SCA is excited to offer Free Fridays, a wide range of complimentary classes every Friday in the month of January to encourage community engagement, wellness, and lifelong learning.

These classes include Beyond the Barre, Pilates/Yoga Fusion, Girls That Math (grades 5 to 8), dance classes (adult and kids), yoga and fitness classes (adult) to try for free.

Free Fridays is open to SCA Members of all ages and skill levels. Registration is required due to space limitations.

More info or register: <https://scacalgary.ca/events/free-class-fridays-all-january-2026>.

It's a great way to try something new, meet neighbours, and make the most of your Fridays – for free!

Bloom and Brush Paint Night – February 13, 7:00 to 9:00 pm

Join us for a charming flower themed painting night where couples and singles alike can unwind and create something beautiful. Just in time for Valentines Day – the perfect bouquet that never dies. You will have plenty of petal-inspired guidance as you learn simple techniques to paint your own everlasting masterpiece. Everyone will leave with a colourful canvas that makes the sweetest gift for someone you love or gift to yourself.

Cash bar and snacks provided. Space is limited. Adult only event.

SCA CA Members: \$25. Non-members: \$35.

SCA CA Membership Link: <https://scacalgary.getcommunal.com/login>.



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*Terms and Conditions apply.

STRATHCONA PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	25	3	8	\$649,900	\$648,000
October	25	12	8	\$837,450	\$842,250
September	25	5	8	\$824,950	\$803,500
August	25	10	6	\$937,250	\$909,000
July	25	8	9	\$939,900	\$938,800
June	25	10	12	\$844,500	\$828,000
May	25	14	12	\$912,400	\$928,750
April	25	25	15	\$725,000	\$715,000
March	25	4	7	\$850,000	\$835,000
February	25	5	3	\$624,900	\$575,000
January	25	4	3	\$999,000	\$1,100,000
December	24	5	5	\$629,000	\$639,000

To view more detailed information that comprise the above
MLS averages please visit str.mycalgary.com

CHRISTIE PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	25	4	3	\$450,000	\$440,000
October	25	4	0	\$0	\$0
September	25	4	5	\$799,900	\$773,000
August	25	1	4	\$1,014,950	\$982,750
July	25	7	1	\$439,900	\$435,000
June	25	4	3	\$925,000	\$925,000
May	25	3	6	\$475,000	\$466,500
April	25	6	2	\$974,900	\$1,012,500
March	25	4	4	\$1,000,000	\$990,000
February	25	3	1	\$449,900	\$462,000
January	25	0	1	\$778,000	\$770,000
December	24	1	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit chr.mycalgary.com

SCA PROGRAMS

Pre-Schools and School Age Care

A Child's Garden Preschool Ltd.

Ages 3 to 5

Two, three, and five day programs.

Contact Marilyn at 403-217-5658 or visit www.achildsgarden.ca.

KidZinc School Age Care

Ages 5 to 12

Before and after school care.

Contact 403-240-2059 or visit www.calgarykidzinc.ca.

Children's Programs

Calgary Young People's Theatre

Mondays at 5:30 pm, Tuesdays at 6:30 pm, Thursdays at 5:00, 6:30, and 7:00 pm

Visit www.cypt.ca.

Child Safe - Babysitter Program

Ages 10+

10:00 am to 5:00 pm

Parented: No

Cost: \$67.95 +GST. What to Bring: doll/teddy bear (build-a-bear size!), water bottle, peanut-free lunch, and pen/pencil.

To register or for more information:

www.childsafecanada.com.

Girl Guides

Sunset Hills Guiding needs Spark, Embers, and Guide Leaders!

Classes for Sparks, Pathfinders, and Rangers.

any-calgarysunsethills@girlguides.ca.

New! Girls That Math

This ain't your average tutoring program. Girls That Math is a small group math program. Yep, for girls! It is led by Erin, a certified math teacher with over a decade of teaching experience. This program builds skills and confidence in a hands-on supportive environment.

Wednesdays.

Grades 5 to 6 – 5:00 to 7:00 pm

For more information, visit www.scacalgary.ca.

Email: erin@numbersinbloom.com.

New! Jumping Jellies

Fridays with Jumping Jellies and Sprog & Sprocket!

Looking for the perfect way to end the week with your little one? We've teamed up to bring you a magical, movement-filled Friday class for babies, toddlers, and preschoolers! Our super fun Friday sessions blend all the activities that support development, confidence, and creativity!

What's included:

- Soft Play Adventures – crawl, climb, slide, and explore on our colourful soft play equipment.
- Music, Rhythm, and Dance – upbeat songs, props, instruments, and movement to get their bodies grooving.
- Interactive Storytelling and Yoga – imaginative stories brought to life through gentle movement, breath, and play.
- Sensory and Creative Play – fun activities that spark curiosity and joy!

Register for classes today starting January 16.

Ages 0 to 24 months - 9:30 to 10:30 am

Ages 2 to 5 years - 10:35 to 11:35 am

For more information or to register, contact marina@jumpingjellies.ca.

Karate Classes

Mondays at 6:30 pm (Parent and child, ages 7+)

Wednesdays at 6:30 pm (Ages 7 to 12)

Wednesdays at 7:30 pm (Adult beginner, ages 13+)

Contact Jeffrey Jukes at 403-228-5039.

New! King Dancing – Dance Combo (Jazz, Ballet, and Hip Hop)

Are you looking for the perfect dance class for your child who loves dance, movement, and music? If so, join our open-level Dance Combo class to explore Jazz, Ballet, and Hip Hop!

At King Dancing Inc., we are all about learning through fun, making new friends, and dancing our hearts out! This age 4 to 7 class enriches your child's experience in every way: we learn through play, we use equipment and props for movement games, and we learn to coordinate our bodies by connecting to our cherished complimentary art form: music.

Miss Vanessa teaches with energy, passion, and enthusiasm. Register today to become part of our dance community!

Registration: <https://www.kingdancinginc.com/classes-registration/child-classes-registration>

Thursdays, January 15 to March 19 from 4:15 to 5:15 pm.

Session: Ten weeks (ten one-hour classes)

Price: TBD based on registrations - King Dancing Inc. is proud to provide you with the lowest possible competitive price.

New! Level Up Learning Tutoring

At Level Up Learning, we are dedicated to enabling students to reach their academic goals. Beginning in September of 2025, we will be offering drop-in tutoring for math and science courses for students in grades 9 to 12. It's a great place for students to get help with concepts and get their homework done in a supportive environment. Tutors will be available to give students immediate support as they work through their assignments or study for upcoming assessments. The tutoring centre will be located at SCA and will be open Monday and Wednesday from 5:30 to 8:30 pm. Tuesdays, 6:00 to 9:00 pm

More information at www.level-uplearning.com.

Scouts

Thursdays, 6:15 pm

Email strathcona215gc@gmail.com or visit www.scouts.ca.

Adult Programs

Adult Art

Discover your creative self! If you have ever wanted to learn how to paint in either watercolour or acrylics or hone the skills you might already have, consider joining our classes! Your experienced instructor will guide you as you discover how fun and rewarding it can be to express yourself on paper or canvas. All levels welcome.

Watercolours – January 13 to March 31.

12 weeks: \$216 plus GST.

Acrylics – January 15 to March 26.

11 weeks: \$198 plus GST.

Contact your instructor Karin Richter to register for this class at karinrichter@shaw.ca.

New! Beyond the Barre

Thursdays, 10:45 am.

Embodied Energy is a transformative, low-impact experience created for women of all ages and fitness levels. With the hoop as a stabilizer, you'll move through barre-inspired sequences that ground the body, free blocked energy, and expand your sense of balance and strength. Breath work is woven throughout—teaching you to extend, to lengthen, to exhale and let go. More than a workout, this class is set to upbeat music and is a shared journey of women moving together, supporting one another, and leaving class standing taller, lighter, and filled with unstoppable energy.

Trainer: Caryn Van, Founder of Beyond the Barre

For more information or to register email Caryn at hello@beyondthebarre.ca.

*Class is typically done bare feet with barre socks (stabilizing hoop provided, barre socks will be available for purchase at the start of each class). Please bring a yoga mat and water bottle.

Chair Yoga (Beginner and Intermediate)

Chair yoga offers a gentle yet effective way for people of all ages and abilities to experience the benefits of yoga in a safe and supportive environment. Benefits of yoga include improved flexibility, strength, posture, reduced stress levels, better concentration, and a greater sense of overall well-being. Offered both in-person and online through Zoom.

Chair Yoga (Seated Only) – Mondays, January 5 to March 16 from 12:00 to 1:00 pm (No class on February 16).

Chair Yoga (Beginner/Intermediate) – Mondays, January 5 to March 16 from 1:15 to 2:15 pm (No class on February 16).

Chair Yoga (Intermediate +) – Wednesdays, January 7 to March 11 from 11:00 am to 12:00 pm.

Registered for 10 weeks: \$80. Drop-in is available for \$10 per class. Contact Sherry at sherrynormanyoga@gmail.com or phone 403-542-0761.

Chinook Country Line Dance

Join our wonderful "Dance for Fun" Program as we take you on a beautiful journey learning how to dance. This activity slows down aging and sharpens our cognitive skills. Come and be a part of an incredible community

continued on next page

and meet a happy dancing family of friends. We offer one of the best programs for Adult Dance Classes.

Phone: 403-988-0973

Gentle but Strong Yoga

Thursdays, 12:00 to 1:15 pm

Yoga-detoxifying, Inspiring, and Restorative. Gentle Hatha poses focusing on breath work for everyone. We also do Myofascial release for range of motion and healthy bodies.

Contact mjgerlitz@gmail.com.

New! Gentle Vinyasa Flow Yoga

Gentle Vinyasa Flow Yoga Class led by Dayna Steranka (Certified Yoga Instructor). Suitable for all levels—beginners welcome.

Wednesdays at 7:30 pm. \$10 drop-in.

Message 403-771-8951 to join. Bring a mat and water bottle.

Breathe. Move. Restore.

Jazzercise

Monday, Wednesday, Friday from 9:30 to 10:30 am.

A high-energy, low-impact version of the classic dance-based class format. Bring a mat for the floor work, weights are provided.

Passes are \$80 per month for three times per week, \$70 per month for two times per week, \$150 for a ten-class pass (three-month expiry).

Mention this ad for one free class.

For more information or pricing options, contact Maureen at jazzstrathcona@gmail.com or 403-461-7694.

Jazzercise has been offered at the Strathcona Community Centre for the last four decades.

Karate Classes

Mondays, 6:30 pm (Parent and child 7+ years)

Wednesdays, 6:30 pm (7 to 12 years)

Wednesdays, 7:30 pm (Adult beginner, 13+)

The Karate Club offers classes for all age groups. The club is a member of Karate Canada, the official governing body of karate, with member clubs across Canada.

Contact Jeffrey Jukes at 403-228-5039.

SitFit + Yoga (Sherry) – Fall Classes

A full body workout that combines weights and resistance training within the mindfulness of yoga. Ideal

for anyone who needs the comfort and/or safety of seated exercise (standing is optional). The class is held in the main hall of the Strathcona Community Centre as well as streamed online.

January 9 to March 13.

Fridays, 11:00 am to 12:00 pm.

Registered for 10 weeks: \$80. Drop-in: \$10 per class.

Contact Sherry: sherrynormanyoga@gmail.com.

New! Therapeutic Yoga

Thursdays at 5:00 pm.

Looking for gentle yet effective support for your body and mind?

Join my therapeutic yoga classes—a safe space where movement meets healing. Your path to balance and vitality starts here.

Suitable for all levels and anyone seeking healing through yoga. Classes available in English, Ukrainian, and Russian.

Four classes: \$50. Drop-in: \$15.

Bring a mat and water bottle.

Yoga class registration at share.google/X4NNW10K8NHF4PJ5x or by email: vladateshch@gmail.com.

Toastmasters

Mondays, 7:30 pm

Toastmasters helps you to improve your public speaking. We offer both online and in-person meetings. For more information, please contact us at 403-470-2005. Visit www.westhillstoastmasters.easy-speak.org.

New! Yoga/Pilates Fusion

Wednesdays from 4:30 to 5:30 pm.

This class will take us through a practice that focusses on breath and controlled movements to build muscle, flexibility, and alignment all while reducing stress.

We begin with full body muscle toning Pilates then moving towards longer held yoga postures, finishing with a moment of rest and integration preparing you for an amazing rest of your day.

Series runs from January 14 to February 18. Six-week series: \$90.

Contact: vishnasue@shaw.ca or 403-540-3735.

Photo Corner



Christmas with Sugar.

Zumba Fitness

Are you ready to dance your way to fitness? Join me for a fun-filled Zumba class on Thursday evenings, where we'll groove to energetic music, burn calories, and have an amazing time! Everyone is welcome! Let's move, laugh, and stay healthy together! Thursdays at 5:15 pm. For more information contact Andrea at 403-816-6897.

SCA Winter Programs

www.scacalgary.ca

Registration began November 15

Line Dancing (Mary and Peggy)

Ten weeks - \$100 + \$5 GST = \$105 (BOGO \$50 + \$2.50 GST = \$52.50) Discount of \$50

Wednesdays, January 7 to March 18 (No class February 18).

#1: Beginner (Level 1) 3:00 to 4:00 pm

#2: Beginner Plus (Level 1+ / 2) 2:00 to 3:00 pm

#3: Improver (Level 2/3) 1:00 to 2:00 pm

#4: Intermediate (Level 4) 2:00 to 3:00 pm

#5: Advance (Level 5/6) 1:00 to 2:00 pm

*BOGO Half Off Sale must call the office at 403-249-1138

Line Dancing Drop-in (Peggy)

\$5 Drop-in Fee – Must have community membership

Fridays, January 9 to March 13 from 1:30 to 2:30 pm

Tai Chi (Adrian Buzcek)

Ten Classes - \$90 + \$4.50 = \$94.50

Continuing 1 and Basics – Mondays, January 5 to March 16 (No class on February 16) from 1:30 to 2:30 pm.

Basics – Mondays, January 5 to March 16 (No class on February 16) from 2:45 to 3:45 pm.

Continuing 2 – Wednesdays, January 7 to March 11 from 11:00 am to 12:00 pm.

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How My Office Can Help You

Support with Federal Departments

My team can help you navigate issues with federal agencies such as the Canada Revenue Agency (CRA), Immigration, Refugees, and Citizenship Canada (IRCC), and Service Canada (EI, CPP, etc.). If your file is delayed or you're having trouble getting answers, we can look into the matter and ensure your case is reviewed fairly. While we cannot influence decisions or offer legal or financial advice, we can help make sure all relevant information is considered.

Visiting Ottawa?

If you're planning a trip to Parliament Hill, we can help arrange a tour or request tickets to Question Period (when the House is sitting). Please contact us at least two weeks in advance so we can confirm availability.

Notary and Commissioner of Oaths Services

As your MP, I can notarize documents or commission oaths at no cost. Please provide about two weeks' notice, as availability may vary when the House is in session.

Congratulatory Certificates

We offer certificates for milestone birthdays, anniversaries, and other special celebrations. We can also help request messages from the Prime Minister or Governor General when eligible. To ensure timely delivery, please contact us four weeks before the event.

Not Sure Who to Call?

If you're unsure whether an issue is federal, provincial, or municipal, we can help direct you to the right office.

- Provincial (MLA): healthcare, education, provincial highways
- Municipal (City Councillor): 3-1-1 services (garbage, water, roads, parks), police, fire, Enmax

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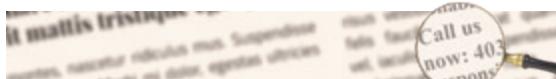
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ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and live-streamed). Mid-week service on Wednesdays at 2:00 pm. ESL conversation cafe on Tuesdays at 9:30 am. Sandwich making for Alpha House on Wednesdays at 1:00 pm.

GOLDEN SANDS DAYHOME: Golden Sands Dayhome in Simcoe Circle, Signal Hill SW offers a fun-loving, caring, and fully licensed environment for your little ones. We provide engaging activities, safe spaces, and a warm home atmosphere where children feel happy and loved. Call or text 587-574-6015 to book a spot!



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The Bow Valley Music Club's second half of 2025-26 presents another series of great concerts. You can contact us for more information at: info@bowvalleymusicclub.org

February 16, 2026

Maggie's Wake with Amy Bishop Trio Opening

Maggie's Wake, a dynamic band from Southwestern Ontario, blending traditional folk roots with contemporary styles like jazz, Americana, and classic country. Fronted by award-winning songwriter and multi-instrumentalist Tara Dunphy, the group creates a sound that is both rooted in heritage and boldly original.

Amy Bishop is a talented Canadian singer-songwriter known for her captivating voice, engaging performances, and heartfelt storytelling in her music. Her music is characterized by a combination of smooth melodies and powerful vocals, allowing her to connect deeply with her audience. She has released multiple albums, with her latest being "Perfect & Broken."



March 7, 2026

The Woodshed / Old Man Luedcke Twin Bill

The Woodshed is the award-winning musical partnership of two great Canadian singer-songwriters, John Wort Hannam and T. Buckley. Their collaboration began with “woodshedding” songs together, and now they bring that beautiful, authentic connection to the stage. With a stunning vocal blend of brotherly harmonies, gutsy and sophisticated songwriting, and intricate guitar work, The Woodshed delivers a powerful and intimate performance.

Old Man Luedcke is the recording name of two-time JUNO award-winning and Polaris Prize-nominated singer-songwriter Chris Luedcke. A multiple East Coast Music Award winner known for his high energy banjo driven stompers, touching guitar ballads and dry humorous stories, Luedcke has been making a soundtrack to an authentic life for nearly twenty years.



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		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	25	6	10	\$789,950	\$774,500
October	25	17	15	\$899,990	\$865,000
September	25	24	18	\$566,250	\$557,500
August	25	15	13	\$549,900	\$550,000
July	25	20	12	\$717,450	\$705,000
June	25	18	10	\$1,274,450	\$1,304,250
May	25	23	18	\$1,236,500	\$1,182,500
April	25	16	11	\$548,800	\$568,000
March	25	17	13	\$570,000	\$560,000
February	25	11	5	\$579,900	\$550,000
January	25	14	11	\$618,800	\$614,000
December	24	4	10	\$566,500	\$551,000

To view more detailed information that comprise the above
MLS averages please visit asp.mycalgary.com



David.

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Why your neighbours choose **David** when it's time to sell their home

33%
faster

When it's time to sell your home, David sells it **33% faster**. David's listings averaged **18 days on market** vs the rest of the market at 27 days.*

99.2%

Over this past year (2025), David's listings have sold at **99.2%** of list price on average, outperforming the market yet again.*

517 sales

With **517 sales** dating back to 2012, David has established himself as the top producing Realtor here on the Westside.**

Detached homes – Listed & Sold – *November 30, 2025 YTD; **Calendar 2012 - November 30, 2025 – The combined Westside communities of: West Springs, Aspen Woods, Springbank Hill, Discovery Ridge, Signal Hill, Christie Park, Strathcona Park, Coach Hill, Patterson & Cougar Ridge.
Images reflect David's Detached homes sold in Calendar 2025.

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